

"Nurturing yourself is not selfish, it's essential to your survival and your well-being" -

Principal's Update



Sara Jacobs

Principal

Dear Parents and Carers,

One of our aims is for students to leave College with genuinely memorable lifelong experiences. This week has been filled with brilliant activities and opportunities, including an English theatre trip to Stratford, Science fieldwork, a trip to the Ninja Warrior experience in Bristol, and the chance for our rugby teams to participate in the Rosslyn Park National Schools Sevens tournament. At this event, our students had the opportunity to compete at the highest level with schools nationally and internationally. They did exceptionally well and were an absolute credit to the College. You can read more about this later in the newsletter. We are incredibly proud of our students and how they conduct themselves during these activities. I would also like to publicly thank the staff who accompany students, particularly on residential, giving up their free time to ensure our students can access these opportunities.

With the wonderful support of our Youth Cultural Champions (YCC), we hosted our first 'Culture Week'. As a Rights Respecting School, we believe in celebrating diversity and promoting understanding among our students. This exciting week featured assemblies delivered by the YCC, exploring what culture means to our students, how different cultures celebrate events, and the importance of food. It was a fantastic opportunity for everyone to connect, learn more about each other's backgrounds, and celebrate our identities and cultures. Additionally, our YCC ambassadors hosted a Food Tasting event, sharing foods from their own cultures. This was a great chance to ask questions and try something new! It has been a week filled with learning, fun, and cultural appreciation.

We wrapped up the week with Clyst Vale's annual Talent Show, celebrating our students' amazing talents. As part of our fund raising efforts today we hosted our non-uniform day. This term, as part of Culture Week, the theme was for students to dress in colours representing the flag of their assigned country. Thank you for your generous donations we raised £450 which will be split between supporting the colour run for the students, as well as the UNICEF fund for the children of Gaza.

Finally, thank you to those parents and carers who attended the PTFA AGM meeting this week. We are incredibly grateful for your willingness to give your time and become more involved in the life of the College. Your support is invaluable. Our aim over the next few weeks is to provide more information on the aims and activities of our newly reformed PTFA. We have exciting times ahead, and we encourage more parents and carers to join us. New members are always welcome, and your involvement can make a significant difference. Whether you can contribute a little or a lot, your participation is greatly appreciated.

Unfortunately, we have needed to postpone our Spring concert until after Easter. More details will follow early next term.

Wishing you all a restful and enjoyable weekend.



U16 Girls at Howden Rosslyn Park National School Rugby 7s 2025

Congratulations to the U16 Girls squad as they competed at the National Schools Rugby 7s event at Rosslyn Park, London, on Monday. The prestigious event is the biggest of its kind in the UK and in the Northern Hemisphere, with the girls putting Clyst Vale proudly on the map once more.

Placed in a group with Oundle School and Durrington High School, the girls got off to the best possible start, winning the former 35-19 with a hat trick of tries through speedy winger Charlotte, two from the long striding Jess and a strong close range finish from Savannah. Conversions were added through the boot of Bella. This set up a winner takes all clash against Durrington High School in the final pool game to determine who would top the group and go into the Cup competition. This school, with strong links to Harlequins RFC were formidable opposition and raced into a three, converted, try lead before half time. The Clyst Vale girls rallied and came close on a few occasions to dotting down themselves, however succumbed to a 21-0 defeat and second place in the group.

Second place in each pool then were drawn to play against another pool runner up, with our luck not being on our side this year! We were drawn against Jumeriah English Speaking School (JESS) of Dubai, with this side previously being runners up and winners of the competition in previous years due to their strengths and resources. JESS Dubai had around 50-100 parents, supporters and representatives around Pitch W1 for the round of 16 game, with them proving too strong for us and for every other team that they came up against after this point. They were crowned winners of the Plate at the end of the day beating Waterloo Schools from Belgium in the final.

To win a game and to lose to the eventual winners of a competition at Rosslyn Park 7s is no mean feat and something which many other school sides fail to do, so to do so well on the day is of immense credit to the girls. They were outstanding ambassadors for the College both on and off the pitch over the two days, being respectful and mature to everything and everyone they came across.



U16 Girls at Howden Rosslyn Park National School Rugby 7s 2025



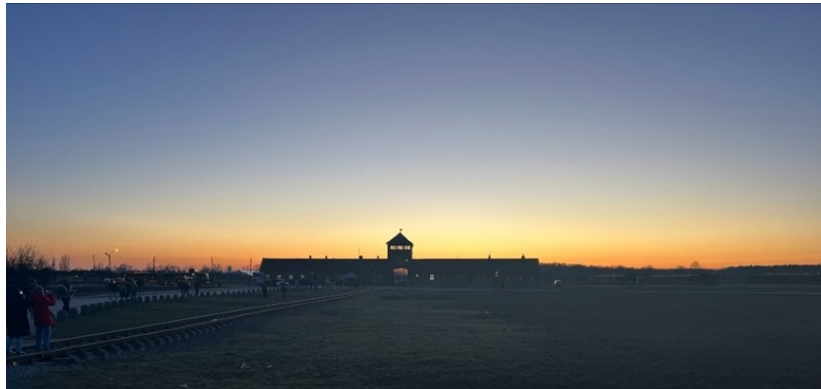
A big thanks must go to Mrs Elliot for assisting Mr Pearce on the trip, along with the three external students of Bella, Molly and Charlotte who enabled us to take a full 12-person squad to the event.

Thanks to Mr Geach for the photos of the games, too!

Congratulations to all of the squad: Jess (c), Grace, Savannah, Freya , Karly, Maisy-Beau, Lois, Isla, Bella , Molly & Charlotte.

Auschwitz

19th March 2025

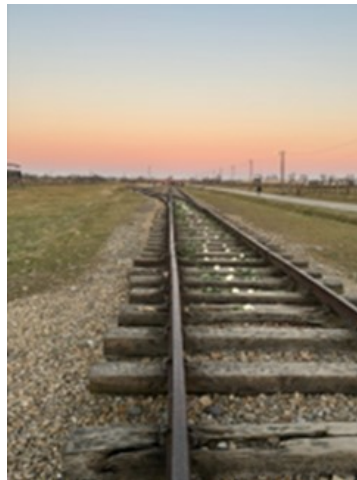


Our trip to Auschwitz was an eye-opening experience that we are very grateful we took part in. It is important that the holocaust is never forgotten, and the contemporary relevance is understood.

Throughout the day we visited both Auschwitz 1 and Auschwitz Birkenau. Auschwitz 1 had been turned into a museum and memorial site and provided us with survivor accounts as well as real life evidence such as gas canisters, shoes, bags and other personal belongings confiscated by the Nazis. In Birkenau the site has been preserved as more of a memorial as it was the primary site for the killing of Jews and other minorities. Here we were able to see the barracks that once housed hundreds of prisoners, the train track and platform where people were off loaded and selected for death.

Overall, it gave us a firsthand insight into the holocaust and helped us to develop knowledge and pathos of the historical event and the contemporary relevance.

Darcy & Liv, Year 12



Modern Foreign Languages

¡Hola! Salut!

COMPETITION CORNER

Design a card that shows the Easter traditions of another country. Any form of materials can be used.

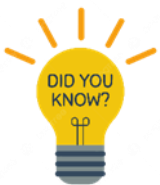
Competition closes: Mon 31st March at 4pm

(Email your answers to your MFL teacher to win P1s)

MONTHLY QUIZ

1. What is the name of the Hindu Festival celebrating Spring?
2. In Japan which tree which has blossom in Spring?
3. What was the Anglo – Saxon name for Easter?
4. On the Island of Bermuda what type of flower takes its name from Easter?
5. Sweeping fields of yellow rapeseed attract visitors to what country in spring?

(Email your answers to your MFL teacher to win a P1)



Synonym-less

Synonym is the only word that doesn't have synonyms.

Revision tip

Learn how to manage your time effectively in the exam so that you don't



Reason to learn a language

Cut out the middleman: Save your company, or yourself, the price of an interpreter.

SPANISH TONGUE TWISTER

Sounds easy? Try repeating it over and over...

La cabra camina, la vaca lo imita.

The goat walks, the cow imitates it.

FRENCH TONGUE TWISTER

Sounds easy? Try repeating it over and over...

Pour qui sont ces serpents qui sifflent sur vos têtes ?

For whom are these snakes who hiss on your heads?

STUDENT WORK

As they begin to study French, Year 7 students have been asked to create a poster on the French months of the year. Here is some of their excellent work. Well done girls!



Jess Glassco — year 7R3



Student of the Week

Rob Searle—7GAW 7GLBA 7RKJO 7RCMO 7YDST No name permission—7YEHA	8GRTU 8GTBE 8RER 8RMCU 8YCBO 8YCFL	9GMNA 9GLTH 9RDFE 9RGWW No name permission—9YGGA 9YBH
Year 7	Year 8	Year 9
10GCMC 10GMTH 10RBAT 10RNS 10YMBR 10YCHW	11GABR Daisy Sue Cook—11GDH Rosie Matthews—11RZB Rebecca Loaring—11RSGA Libby Greenslade—11YSS Ella Bayley—11YADA	Harrison James 13JP
Year 10	Year 11	P16 Commendation



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

Key Contact Information

Reception: 01392 461407 Email: admin@clystvale.org

Sara Jacobs	Principal	Jacobss@clystvale.org
Lisa Martin	Deputy Principal (Curriculum)	martinl@clystvale.org
Paul Sutton	Deputy Principal (Pastoral)	suttonp@clystvale.org
Ann Hopkins	College Manager	hopkinsa@clystvale.org
Allen Bailey	Assistant Principal	baileya@clystvale.org
Louise Telford	SENDCo & Assistant Principal	telfordl@clystvale.org
Claire Haynes	Head of Post 16	haynesc@clystvale.org

Student Services Key Updates and Reminders

REMINDERS

- Chewing Gum is not allowed in College
- Please speak to your children about being safe on their way to and from College. We have had reports of students playing 'chicken' type games/pushing each other into the road. This is extremely dangerous and has resulted in drivers needing to take evasive action.

MIS CHANGEOVER UPDATE

Thanks for your patience as we move over MIS. Progress has been good this week although some parts of the migration have taken a little longer than we'd initially hoped. As a result we'll now aim to invite you to the new MCAS system for parents that will replace Edulink next week.

Please can we also remind you of the changes noted in the previous message, drawing particular attention to the fact that Monday 31st March will be the last chance to top-up dinner money until the new system comes online in the Easter break.

- Edulink will no longer provide details of homework set after the 28th March. During the last week of term students will need to manually record their homework while we set up the new system. Our intention is for homework to be available in MCAS after the Easter break.
- The last day to use School Comms for payments will be Monday, 31st March. In addition after this date, Edulink will no longer be updated, and we kindly ask you to uninstall the Edulink app at or before this date.

It will take a couple of days for our payment merchants to complete the switchover, **so please ensure that students have sufficient funds in their school dinner accounts as there will be a period between 31st March to 3rd April** when students will not be able to top up their accounts. If you are concerned that this may pose a problem for your family please contact Student Services in the first instance.

If you have any concerns or questions please direct them to Mr Bailey via baileya@clystvale.org

KEY DATES

- 3rd April Year 8 HPV Vaccinations
- 5th June Year 7 Parents' Evening
- 6th June- Deadline for Prom tickets
 - 31st March to 23rd April—no payments can be taken due to the changover to Bromcom, with the exception of lunch money
- 6th June- Deadline for Leavers Yearbook purchase via School Gateway
- 26th June Vaccinations mop up session
- 27th June Year 11 Prom

Spring Term Dates

4 April—Last day of Spring term

(Weds 23rd April—First day of Summer term)



Devon County FA

DEVELOPING FOOTBALL FOR EVERYONE



Youth Inclusive Football Clubs

If there is not a club listed below in your area please contact Devon FA as a number of Coaching Sessions for children with disabilities run across the County are not listed below, and Devon FA are working to create new children's clubs.

Barnstaple Youth Disability FC

Coaching sessions and teams for boys and girls age 8-16 with sensory, learning or physical disabilities.

Thursday 5.45 – 6.45pm @ Park School

Contact: Lynn Ashman

T: 07531903330 E: lynnashman@live.com

Plymouth Warriors

Coaching sessions and teams for boys and girls age 5-16 years with learning, sensory or physical disabilities.

Thursdays (5pm–6pm) & Sundays (12pm–1pm)

@All Saints School, Plymouth PL5 3NE

Contact: Nathan Redgrave

T: 07825448958

E: nredgrave1@gmail.com

Hunter District Disability

Coaching sessions and teams for boys and girls age 8-16 with learning, sensory or physical disabilities.

Fridays (7pm – 8pm) at Coombe Dean School, Charnhill Way, Plymouth, PL9 8ES

Contact: Nick Donkin/Ashley Ide

T: 07378768871

E: secretary.hunterdistrictfc@gmail.com

Facility: Plymstock School

Exeter City Youth Ability Counts

Club running Coaching Sessions in Exeter for boys & girls age 8-16 with learning or physical disabilities.

Sunday 10.30am – 12pm @ Exwick Sports Hub, Exeter EX4 2BQ

Contact: Dan Hewitt

T: 01392 255611 E: dan.hewitt@ecfc.co.uk

Torquay Utd Junior Inspirations

Coaching sessions and teams for boys and girls age 8-16 with learning, sensory or physical disabilities.

Tuesdays 5.15pm – 6.15pm

Combe Pafford School, Torquay

Saturdays 10.00 – 11.00am

@ Paignton Community Sports Academy

Contact: Jake Topping

T: 01803 322551

E: jaketopping@tucst.co.uk

Tiverton Town Ability Counts FC

Coaching sessions and teams for boys and girls age 8-16

Sundays 11.00 – 1.00pm @ Exe Valley

Leisure Centre (Tiverton) Contact: Marc Hodsdon

T: 07752562161 E: marchodsdon@hotmail.co.uk



Devon County FA
DEVELOPING FOOTBALL FOR EVERYONE

Exmouth Youth Inclusive Football sessions

Club running Coaching Sessions in Exmouth for boys & girls age 5-16 with learning or physical disabilities.
Mondays 5.30pm – 6.30pm @ Exmouth Community College, Exmouth
Contact: Steve Kingston
T: 07584242475 E: brixingtonblues.secretary@gmail.com

Plymouth Argyle Ability Counts

Coaching sessions and teams for boys and girls age 8-16 with learning, sensory or physical disabilities.
Tuesdays 5.30pm-6.30pm @ Goals Soccer Centre (Plymouth)
Contact: Stew Walbridge
T: 01752 562561 E: Stewart.Walbridge@paafc.co.uk

SAS Disability

Coaching sessions and teams for boys and girls age 8-16 with learning, sensory or physical disabilities in North Devon.
Contact: Gina Maynard
E: georginamaynard112@gmail.com
T: 07886615923

PEM United

Inclusive Coaching sessions for boys and girls age 8-16 with learning, sensory or physical disabilities in Plymouth. Sundays (9am – 11am) in Plymstock
Contact: Chris Marsh
E: Pemfootball@hotmail.com
T: 07528871390

There are now more junior inclusive clubs that ever before across Devon for children with special needs and disabilities to participate at. More information on each club is given above. If you wish to join any of these clubs please contact them, or contact Ashley Harris, Devon FA Disability Development Officer, on 01626 323560 or email ashley.harris@devonfa.com



An online talk by Jane Keyworth



Supporting a Child with ADHD

Challenging the stereotypes, offering practical support and explaining more about this condition

Thursday 3rd April 10 -11:30am

Tuesday 29th April 7 - 8:30pm

Talks are recorded and available to watch for up to 48hrs after the session £24



Book online
facefamilyadvice.co.uk
go to **PARENTS**
on the **Homepage**



Oral Health Improvement Training (Children and Teens: 11yrs+)

When:

Wednesday 2nd April 2025

6:30pm—8:00pm

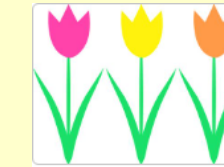
The Oral Health Improvement Team will be hosting a virtual training session on Microsoft Teams aimed at anyone that works with and/or cares for children and teenagers aged 11 years and up. Including various settings such as nurseries, schools, care settings, hospitals and at home.

Book a place on our course below:



<https://forms.office.com/e/CLjEAT2C0M>

Email: rduh.ohesds@nhs.net | Phone: 01392 405705 | Website: www.royaldevon.nhs.uk/dental



'Kids Eat Free' Easter Holidays 2025

Supermarket cafes, chain restaurants and food venues around the UK are offering the 'Kids Eat Free' or 'Kids Eat for £1' deal. Please see below for further information.

- **Les Iguanas:** Download the app and join 'My Iguanas' for free meals for mini-Iguanas aged 12 and under. Children get a main, two sides and a dessert with every adult main (or three tapas dishes) purchased.
- **ASDA Café:** Children eat for £1 All Day, Every Day at Asda cafes, with no adult spend required. Children will receive a free piece of fruit such as an apple, pear or banana when purchasing the hot kids £1 meal deal.
- **Morrisons:** Children eat free all day, every day in Morrisons cafes nationwide, daily with every adult meal over £4.50.
- **Beefeater:** Two children get free breakfasts with every adult breakfast purchased.
- **Sainsbury's:** Sainsbury's cafes offer one free child's hot meal or lunch bag for £1 with any adult main meal purchased over £5.20. This offer is available every day from 11:30am until café closure. Children's mains include one main, 3 sides a drink and a piece of fruit.
- **Bella Italia:** Children eat free all day every Thursday and for £1 between 4-6pm, Sunday to Wednesday. Kids can enjoy three delicious courses and a drink! Meals are suitable for 2-11-year-olds.
- **Ikea:** Children can enjoy a pasta meal and tomato sauce with a soft drink for 95p or any other Children's Meal for £1.50 every day from 11am. On Friday's children get tomato pasta, a drink, and a piece of fruit for just 45p.
- **Premier Inn:** At Premier Inn, you can enjoy their all-you-can-eat Breakfast for just £9.99 and up to two children under 16 eat for free.
- **Travelodge:** At Travelodge, you can enjoy their all-you-can-eat Breakfast for just £9.75 and up to two children under 15 eat for free.
- **YoSushi!:** Children eat free all day (Monday-Friday) during all school holidays when dining with a full-paying adult (minimum spend £10).
- **Bills:** Up to 2 children can eat free all-day Monday-Friday, if one adult orders any main dish(breakfast, lunch or dinner). Excludes Saturdays and Sundays.
- **Brewer's Fayre:** Up to two children under 16 eat a free unlimited breakfast with every adult breakfast purchased.

For more information please visit::

[Places Kids Eat Free \(or for £1\) In School Holidays 2025](#)



EXCITING NEWS!

PAY AND PLAY RETURNS FOR THE EASTER HOLIDAYS!

Whether you're looking to challenge yourself, compete with friends, or just have fun, you don't want to miss this.

Book online! Slots are going fast!

PAY AND PLAY DATES ARE AS FOLLOWS:

- April 7th
1:30-4:30pm
- April 9th
10-1pm, 1:30-4:30pm
- April 10th
10-1pm, 1:30-4:30 pm
- April 15th
10-1pm
- April 16th
10-1pm, 1:30pm-4:30pm
- April 17th
10-1pm, 1:30-4:30pm



Courses designed for parents/ carers

FULLY FUNDED, ONLINE AND TERM TIME WITHIN SCHOOL HOURS ONLY

STUDY SMART
Free Online Courses



ncfe. | cache



Education & Skills Funding Agency

Fully Funded School Support Course

Available in Levels 1, 2 & 3

***Go to our website for more detailed information.**



**6 Week Course
Mon - Fri
Daily sessions**

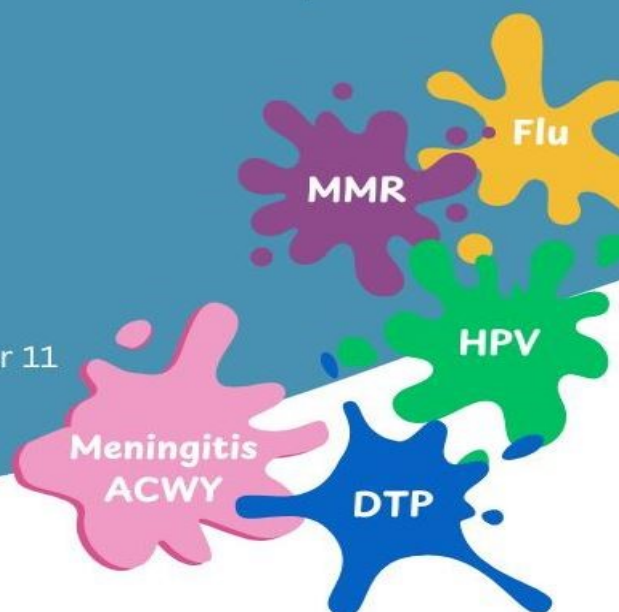
**1st session 9:30 - 11:30am
2nd session 12:30 - 2pm**

www.studysmartuk.online

School aged vaccinations

Did you know children will be offered these routine vaccinations at school?

- ✓ Flu - reception - year 11
- ✓ MMR - catch up
- ✓ HPV - year 8 - year 11
- ✓ Meningitis ACWY - year 9 - year 11
- ✓ Diphtheria, Tetanus, Polio (DTP) - year 9 - year 11



Did you miss us?

We also have community clinics across Devon for:

- ✓ Home educated children
- ✓ Anxious children
- ✓ Children who missed the session at school



kernowhealthcic.schoolimmsdevon@nhs.net

For more information, scan the QR code, or call us to speak with a member of our team



 Call us on **01392 342678**

Lifeworks—Easter Holiday programme.

Dates: 7th - 10th April

Time: 10:00 AM - 4:00 PM

Location: Lifeworks College, Dartington, TQ9 6JD

What's On:

7th April: Adventure to Plymouth Aquarium – Dive into the wonders of marine life!

8th April: Easter Egg Hunt at Coleton Fishacre – Fun, prizes, and chocolate galore!

9th April: Sound Therapy with Signature Sounds – Relax and rejuvenate with calming sound experiences.

10th April: LEGO Robot Wars – Build, battle, and conquer in our thrilling robot showdown!

Ages: 11+

Cost: £80 for 1:4 support | £135 for 1:1 support

Reserve your spot today!

Email: admin@lifeworks-uk.org

Call: 01803 865075



Attendance, Absence and Requests for Absence

Reporting an Absence

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



For Years 7 – 11 Absences

Sharon Leaman/Cath Prunty
(Attendance Officers)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 – 13 Absences

Sue Voysey
(Assistant to Head of Post 16)

Direct line: 01392 462697

Email: voyseys@clystvale.org and copy in Head of Sixth Form: haynesc@clystvale.org

Supporting Learning at Home

What financial support can parents get?

Juggling home and school life is tough for every parent, but there are some financial support options available. Find out what you could be entitled to by following this link [Supporting learning at home | Parentkind](#)



Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to Edulink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details below.

<http://www.clystvale.org/contact-us/>

Stationery for Sale

Pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful.

If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Monday—closed

Tuesday to Friday—09.30 to 15.30

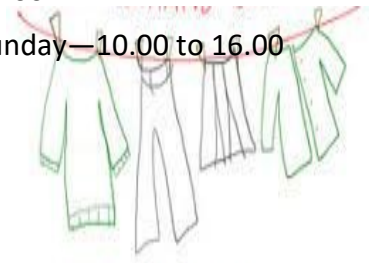
Saturday—09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00



Follow our Facebook Page via the link below:
[Clyst Vale Community College | Facebook](#)



Is your child considering an apprenticeship as their next step?

Choices magazine is the ultimate parent and carer guide to apprenticeships and technical education! It is completely free of charge – find this month's edition here: amapps.uk/parent-magazine and sign up to receive it each month, direct to your inbox: amapps.uk/choices

Amazing Apprenticeships' Parent and Carer zone is also a great place to explore apprenticeships and technical education: amazingapprenticeships.com/zones/parent/

CHOICES MAGAZINE

The monthly parent and carer guide to apprenticeships and technical education



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FIND PAST EDITIONS HERE:

amapps.uk/parent-magazine



Discover more about apprenticeships and technical education

amazingapprenticeships.com



Spring Timetable

all sessions delivered live online via zoom £24 each 90 minutes long
book online at facefamilyadvice.co.uk

Anxiety Explained	18 MAR 7pm
What is ACT?	20 Mar 7pm
Understanding the Teenage Brain	24 MAR 10am
Supporting Healthy Sleep	24 MAR 7pm
Decreasing Depression	25 MAR 10am
Raising Self-Esteem	25 MAR 7pm
AUTISM: Improving Communication	2 APR 10am
Supporting a Child with ADHD	3 APR 10am
Improving Family Communication	3 APR 7pm
Supporting Healthy Screen Use	7 APR 10am
Facing Defiance	7 APR 7pm
Anxiety-Based School Avoidance	8 APR 10AM
Understanding Anger	8 APR 7pm
Anxiety Explained	14 APR 10am
Cannabis & Ketamine Awareness	14 APR 7pm

FACE delivers online support via zoom for parents across the UK
Talks are 90 minutes long, £24 each - Book Online at facefamilyadvice.co.uk



Schools can now buy a
FACE School Annual Membership
which means **ALL parents** and **ALL staff**
get unlimited **FREE access** to **ALL 16** parent talks

Thursday
24th April
19:00 - 20:00
FREE



Responding to Angry Behaviour
What can we do in the moment?

Tuesday
18th March
10:00 - 11:30
£24



Anxiety Explained
Anxiety, especially in our young is rising.
This session explains what it is, why it happens and how you can help.

Tuesday
3rd April
10:00 - 11:30
£24



Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
3rd April
19:00 - 20:30
£24



Improving Family Communication
How to reduce the shouting and arguing and start the talking.

Devon Children & Young People's Neurodiversity Navigators

A free, confidential support service for children, families and young people navigating neurodiversity.

Contact Us

livewell.devonndnavigators@nhs.net

Monday – Friday
9am–5pm

What we do

- Offer support and guidance to families of children and young people (up to the age of 18) awaiting a neurodiversity assessment across Devon
- Provide objective, evidence-based advice, positive support strategies, and practical and emotional support throughout the assessment process
- Connect with other teams and external services where needed to help co-ordinate your journey
- Enable peer support and connections with others going through the same process



Have your say

We are interested in hearing about the lived experiences of young people and their families.

Your views and experiences allow us to develop our team, and tailor the services we provide to improve the support for our families and young people.