

# Newsletter

"Nothing great is ever achieved without much enduring.



Sara Jacobs Principal

Good Provide unicef 🥨

Principal's Update

Dear Parents and Carers,

It has been a pleasure to see some outstanding work in various subject areas recently. Our students continue to excel academically, and it is always a joy to celebrate their success. Most recently, I had the pleasure of reviewing some exceptional work produced by our Year 9 students in response to their homework on Macbeth. The quality of their work was outstanding, and I would like to thank you for supporting your child with their homework. Encouraging students to work independently and take pride in their work lays great foundations for success. I also appreciate those of you who have supported your child with their options choices. Your involvement is crucial in guiding them through this important decision-making process.

This week, our student board has led assemblies on students' right to be heard, emphasising the importance of student voice in our College. We are incredibly proud of our student board members, who are great ambassadors for the College. Their dedication and leadership in promoting student voice and rights are truly commendable. They exemplify the values we strive to uphold and serve as role models for their peers. As a Rights Respecting School (RRS), we are committed to

promoting the values of the United Nations Convention on the Rights of the Child (UNCRC). One of the key principles of the UNCRC is that children have the right to express their views and have them taken seriously. We do this through various mechanisms, including Tutor Captains, Sports Captains, and School Board Representation for each year group. By empowering our students to share their opinions and ideas, we are fostering a culture of respect, inclusion, and active participation.

A sincere thank you to all parents and carers who attended the first meeting of the PTFA on Monday evening. It was lovely to welcome you all to the College, and your participation is invaluable in enhancing the educational experience for all our students. The PTFA will play a crucial role in supporting our school community, and we encourage more parents and carers to get involved. We look forward to seeing you at the AGM on Monday, 24th March at 6pm. Please consider joining us and contributing your ideas and support.

Today was a non-uniform day, and we thank you for your support. Your contributions have raised almost £700 for Devon Air Ambulance. On the topic of uniform, please use the half term break to review your child's uniform and ensure it meets our expectations, especially regarding the length of skirts. You can find the uniform policy on our website <u>Uniform – CVCC</u>.

Wishing you all a happy and restful half term break!

Sara Jacobs, Principal

## College News

## Signs of spring in the Harry Patch Garden.

A great deal of work has been put into the Harry Patch Garden over the past few weeks. Students in year 12 have contributed to the work, Phoebe and Alice have been especially helpful.

We now have help from a few local people every Wednesday afternoon from 3.30 -4.30. Jill Murdoch has been fantastic. She has no connection to Clyst Vale but now lives in Broadclyst and has given up her time on a regular basis. Reuban in year 11 has tackled the brambles, which love our sandy soil, with enthusiasm and has even per-suaded his Grandparents to help us with the gardening.

All of this help is greatly appreciated and the garden is now looking much neater and has some wonderful colour. A real harbinger of better days ahead!

#### Mrs Padden











#### **Music News**

On Tuesday 11th February, Mr Kidd and Mr Hawkins took a group of year 10 students to Uffculme school to watch the Bournemouth Symphony Orchestra perform the set works from each of the GCSE specifications. Schools from all over Devon attended what was a fantastic afternoon of music – a highlight being Steve Reich's Clapping Music. The students were shown some very useful compositional techniques that they can take black to the classroom to use in their own compositions.

On Thursday 13th Feb, 'The Unknown' – a band made up of 5 very talented year 9 students, competed in the regional heats of the 'Battle of the Bands' competition hosted by the Devon and Torbay Music Education Hub at Plympton Academy. Although they didn't make it through to the final, the students performed extremely well and received great feedback from the panel of judges. Well done to Freddie Morrish (bass guitar), James Graham (Drums), Joel Smith (rhythm guitar), Theo Gunn (lead guitar) and a special mention to Ellis Connor-Fortune (vocals) who gave up his birthday plans to compete.

## Post 16 News and Job of the Week

## **Hampton Court Palace**

On Wednesday, Ms Jenkins and Mr Powell made an early start to take our Y13 historians to Hampton Court Palace. They spent 5 hours at this historic site, participating in talks and dramatic re-enactments of historical moments of key relevance to their A-level history syllabus. Students and staff alike had a wonderful day! Thank you to Ms Jenkins and Mr Powell for making such a valuable opportunity possible.

## **Mock Exam results**

There were some jitters and nerves on Wednesday as the mock exam results were delivered to Year 13. On the whole, students have done well and created a strong foundation to move forwards towards the summer exam season. For those who were disappointed with the outcomes, opportunities for additional practice and support are being put in place. Parents will receive TPRs including mock results in the first week after half term. Miss Haynes will be in touch should there be any concerns.

## **Student Finance**

During Y13 Tutorial, Miss Haynes delivered a session on 'Student Finance', which is essential information for those going to university. Applications for Student Finance open from mid-March.

## **HPV** vaccinations

Thank you to the Exeter Vaccination Service for visiting us on Wednesday to administer HPV catch-up immunisations. The team has directed us to the following link, which provides a calendar showing where and when they will be running vaccination clinics for anyone who missed out this time around: <u>Vaccination calendar</u>

## Y12 Future Preparation Day

Our annual trip to the UCAS Convention, followed by meetings with selected Clyst Vale alumni, takes place on 11th March. Y12 will be off-timetable for the whole of this day. Parents have already received a letter about the event - the payment item will be available soon on SchoolGateway.

## Half term week

Although it has been a short half term it has been pretty intense, so the half term week comes as a welcome break. We wish all students and their families a pleasant and relaxing break, and look forward to seeing you all back in school on Monday 24th February (it will be Week B).

## Job of the Week

These are provided through the MYPATH careers webpage.

#### AUDIOLOGIST

Audiologists help people with hearing and balance issues. They assess and diagnose problems by conducting various tests to check how well someone can hear and how their balance works.

Audiologists can expect to earn a decent salary that varies based on their experience and where they work. When they first start out in the field, their salary is usually around £25,000 to £30,000 a year.

#### JOB OF THE WEEK



## REHEARSALS FOR CLYST VALE'S NEXT MUSICAL ARE ABOUT TO BEGIN!

# DON'T MISS OUT ON BEING A PART OF THIS UNFORGETABLE EXPERIENCE IN BRINGING THIS FABULOUS PRODUCTION TO THE BARNFIELD THEATRE IN JANUARY 2026.

## AUDITIONS for PRINCIPAL ACTORS, SOLOISTS AND DANCERS are taking place beginning on Monday 3rd March.

If you want to audition for a principle acting, singing role or be a part of core dancing troupe you need to collect an audition pack (available from the table outside PA1 (the main dramas studio) from Wednesday 12th February).

There is an introductory taster workshop on <u>Monday 24th February</u>. Come explore the characters, plot and themes, and pick up some handy hints for your audition.

If you just want to be a part of the chorus you do not need to audition and you may just attend the first chorus rehearsal. Rehearsals for Beauty and the Beast will begin on March 24th. Rehearsals for Spring and summer term will be: Mondays afterschool for dancers, chorus and principles, Wednesdays afterschool for some of the chorus and principals, some lunchtimes for principal characters. See Miss Ruscoe for more information.

## **Student Services Key Updates and Reminders**

### Vaccinations DTP/ MenACWY

Year 9- any parents who missed the initial consenting process for the DTP/ Meningitis vaccines but still wish their child to have the vaccine, can now consent via the link which has re-opened today. Or call Kernow Healthcare to complete a consent form they can do so on 01392 342 678.

Kernow Healthcare will be revisiting again on our agreed mop up date, 26/06/2025, when we hope to catch the majority of missed vaccinations during this time. Anyone in Year 9 who has already completed a consent form and did not get the vaccine for any reason will automatically be put on our list to be seen in school, during this visit.

Year 10 & 11 who missed their vaccinations will be sent an invite to book a clinic appointment due to exams when the mop up session is scheduled.

Please click the following link to access the online consent form <u>https://www.kernowimmunisations.co.uk/Forms/</u> <u>DTP.aspx</u> Please quote the unique school code which is DV136638.

## **Use of Social Media**

Please can parents remind their children about the importance of keeping safe online. We are aware a large number of students regularly use online applications such as what's app and snap chat. There have been some concerns raised about some of the content shared between students on these platforms, it is important that children are aware that sharing inappropriate content can lead to them committing a criminal offence or causing harm or distress to themselves or others. Further advice regarding how to help your child keep safe online can be accessed here

Keep Children Safe Online: Information, Advice, Support - Internet Matters

www.internetmatters.org

https://www.nspcc.org.uk/keeping-children-safe/online-safety

https://www.barnardos.org.uk/blog/online-safety-parents-questions

Thank you for your support.

#### Year 11 Leavers Events

School Gateway is now open for purchasing attendance for the Prom and also the Yearbook. An email was sent to Year 11 parents/ carers today with the full information. Prices are Prom £45 and Yearbook £20.

Hoodies are now available to buy with the online shop from Leavershoodies.com. The shop link is <u>https://</u><u>www.leavershoodies.com/clyst-vale-community-college-2025-leavers</u>. Please be aware that the shop closes on Friday 28th March. After this date you will not be able to purchase a hoodie.

## Parents' Evenings 2025

Year 8 Parents' Evening- 06/03/2025

Year 10 Parents' Evening- 20/03/2025

Year 7 Parents' Evening- 05/06/2025

Key Dates for next week	Spring Term Dates
17 to 21 February —Half Term	24 February—Return to College 4 April—Last day of Spring term

## **Student of the Week**

Reid Bradshaw 7GAW	8GRTU	Sophie Woods 9GMNA	
Anabelle Rollason-Bond 7GLBA	Layla-Mae Elliott 8GTBE	Lilly Harwood 9GLTH	
Jedd Wesely-Minnaar 7RKJO	Rosa Gray 8RER	9RDFE	
Dylan Andrews 7RCMO	Harry Rintoul 8RMCU	Lily Kurtz 9RGWW	
Bella Pearson 7YDST	Fin Smith 8YCBO	Evie Shears 9YGGA	
Emily Bowden 7YEHA	Maisie Vickery 8YCFL	Will Askew 9YBH	
Year 7	Year 8	Year 9	
Dulcie Hill 10GCMC	Archie Cross 11GABR		
Dulcie Hill 10GCMC Bradley Crew 10GMTH	Archie Cross 11GABR Tilly Wren 11GDH		
		Pobokab Hughos 12HD	
Bradley Crew 10GMTH	Tilly Wren 11GDH	Rebekah Hughes 12HP	
Bradley Crew 10GMTH Mason Allway 10RBAT	Tilly Wren 11GDH Aimeka Mortlock 11RZB	Rebekah Hughes 12HP	
Bradley Crew 10GMTH Mason Allway 10RBAT Grace Williams 10RNS	Tilly Wren 11GDH Aimeka Mortlock 11RZB Josh Hovell 11RSGA	Rebekah Hughes 12HP	
Bradley Crew 10GMTH Mason Allway 10RBAT Grace Williams 10RNS James Quarrington 10YMBR	Tilly Wren 11GDH Aimeka Mortlock 11RZB Josh Hovell 11RSGA Owen Stephenson 11YSS	Rebekah Hughes 12HP	





Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

## **Key Contact Information**

#### Reception: 01392 461407 Email: admin@clystvale.org

Sara Jacobs	Principal	Jacobss@clystvale.org
Lisa Martin	Deputy Principal (Curriculum)	martinl@clystvale.org
Paul Sutton	Deputy Principal (Pastoral)	suttonp@clystvale.org
Ann Hopkins	College Manager	hopkinsa@clystvale.org
Allen Bailey	Assistant Principal	baileya@clystvale.org
Louise Telford	SENDCo & Assistant Principal	telfordl@clystvale.org
Claire Haynes	Head of Post 16	haynesc@clystvale.org
Lisa Jones	Early Help	jonesl1@clystvale.org

# Modern Foreign Languages

## ¡Hola! Salut!

## COMPETITON CORNER

Find or write a poem/song in a foreign language. Include a short paragraph in English that explains its significance to you.

Submit it to your MFL teacher for a chance to win.

Competition closes: Fri 28th Feb at 4pm

## MONTHLY QUIZ

 In which country do secret admirers send funny poems called gaekkebrev to their love interests?
 In which country do women hide items in rice to declare their intent? Two chopsticks mean love, but a clove of garlic means the romance is over before it even started.

3. In which country do women make the first move on Valentine's Day and men respond on March 14<sup>th</sup>?

Email your answers to your MFL teacher to win P1s.



#### Plurals only

There are some words in the English language that actually only exist as plurals including Scissors, Glasses and Jeans.

#### Revision tip

Help your brain remember more by using different colours, e.g. verbs pink, nouns with articles on blue. When you're thinking about it in the exam, you'll be able to automatically recall the colour of the card and the matching vocabulary you need.





#### Reason to learn a language

Show respect to international colleagues. It's respectful to speak to a visitor or client in their native tongue, and gives you brownie points, too.

#### SPANISH TONGUE TWISTER

Sounds easy? Try repeating it over and over...

Pancha plancha con cuatro planchas. ¿Con cuántas planchas Pancha plancha?

Pancha irons with four irons. How many irons does Pancha iron with?

## FRENCH TONGUE TWISTER

Sounds easy? Try repeating it over and over...

Papier, panier, piano.

Paper, basket, piano.

# Valentine's traditions around the world



by George White - 8B1

## Argentina



The passion of the Argentinians can't be contained by just a single day, so they set aside a week in July as "Sweetness Week," when lovers and friends exchange candies, kisses, and good cheer.

## Brazil

Brazil does not celebrate Valentine's Day on February 14, as it falls too close to the weeklong Carnival celebration. However, June 12 is "Dia dos enamorados" ("Lovers' Day"), where couples exchange gifts, cards, and candy. On this day, some single women perform rituals (*simpatias*) to get in the good graces of Saint Anthony, the patron saint of marriage whose day is June 13.

## China

China's Valentine's-adjacent holiday is the Qixi Festival, celebrated on the seventh day of the seventh month of China's lunar calendar. This tradition is based on an ancient Chinese story about a forbidden love affair between a celestial weaver and a mortal man. On this day, Chinese couples exchange gifts and go on dates, while some women practice weaving and carving intricate designs on melon skins to bring good health from Zhinu, the weaver in the story.

## Germany

In Germany, the symbol for luck (as well as lust) is an odd one: the pig! Lovers exchange flowers, chocolates, and all manner of pig-shaped gifts, including statues and stuffed toys. Heart-shaped ginger cookies with love messages written in icing are also popular.

## Israel

Israelis don't celebrate Valentine's Day in February, but do recognize the ancient Jewish Tu B'av ceremony in the summer. This tradition is about rebirth and new beginnings, and lovers exchange flowers and heartshaped gifts to renew their love.

## Italy

Another passionate nation, Italy couldn't pass up a chance to honor the universal emotion of love. Couples on Valentine's Day give each other gifts like the *baci* perugina, a small box of hazeInut-filled chocolate kisses (*baci* means "kisses" in Italian). Each candy has a small love note inside written in five different languages. An older tradition states that the first man that a single woman spots on Valentine's Day will become her husband within the year.

## **Sports News**

#### Under 16 Girls Rugby @ Colyton Grammar School 7s (Runners-up)



Congratulations to all of the girls who represented the College on Monday afternoon at Colyton Grammar School. The girls finished eventual runners up losing in the final to a talented Kings School, however the rate of improvement throughout the afternoon was vast.

Placed in a group of 3, between ourselves, Stover School and Kings School, we beat the former 25-10, with a 30-5 loss to latter despite scoring first. This meant we had a semi-final against the winners of Group A (Exmouth Community College) and the girls pulled out all of the stops to win the game by 25-20. In the final against Kings School, the girls adapted their play brilliantly and again led twice but ended up succumbing to the pace of the Kings School side and losing the game by 25-15.

The side, led by Jess who scored several tries by using her pace on the edges of the pitch competed very strongly throughout the day, despite the cold conditions! Grace C-F and Savannah were rock solid in their contact and go forward skills and gave us a great platform to play off with Lois an ever threat at half back with some outstanding tackles and was awarded (by the girls themselves) the player of the day! Maisy-Beau kept attack after attack flowing and showed her physicality throughout with Isla V-HB very strong in her contact skills, too.

Freya continued to develop her rugby and contact skills with some strong running and handling play with Karly linking good attack with strong handling. Alissia showed her strength in great rucking and tackling, with Grace A an ever threat on the wing with great pace and bravery. Bethan and Willow performed with great pace and endeavour in the backline with Sophia adding her finesse to the attacks. Vanessa was physical in the contact with Maggie being a key player int he backline, too.

Congratulations to all of the girls who represented the College outstandingly well both on and off the field. A big thanks to Ms Morgan who came along to watch and take the photos!

The girls have a well earned break from school rugby until the Wednesday after half term where preparations will continue to the National Schools Rosslyn Park 7s in London in March.

Mr Pearce

## Year 10 Netball Match Report

On a chilly evening at Colyton Grammar School, the girls put up a fantastic performance against a tall Colyton side. Throughout the match, there were great link-ups between Sophia at centre, Immy, and Esmae in shooting positions, allowing for quick and efficient movement off the ball, with some excellent footwork and positioning around the D.

Esmae was named Player of the Match for her consistent shooting and contributions to the team's efforts throughout the game. The Colyton coach also commented on how respectful the girls were throughout the competitive game, a reflection of their sportsmanship and character.

The score was level going into the final quarter, and despite their best efforts, the girls narrowly missed out, losing 25-23. Nevertheless, they can be incredibly proud of their performance and we're excited to see how they continue to progress in the rest of the league.

## Year 8 Netball Match Report

The Year 8 team travelled to Colyton alongside the Year 10s for an exciting match. The girls showed good defensive strength throughout the game, with some great interceptions across the court, particularly from captain, Ava, in GD and Elysia in GK.

The team got off to a strong start, with Lily and Isla securing the first couple of goals in the match. Lila, stepping up from Year 7 due to injuries, delivered some brilliant feeds into the D and played a key role in the attacking play. She was named player of the match for her contribution and influence on court.

The lack of substitutions had an impact in the third quarter with the girls beginning to tire as Colyton found their rhythm. Although the match ended in a loss, the girls are looking forward to the rest of the league. They are steadily improving as a team and are excited to continue building on their performance.







## Year 7 v Tiverton/Exmouth:

Congratulations to all of the Year 7 lads who finished their first rugby season at the school with a comprehensive win and a narrow defeat against Tiverton High School and Exmouth Community College, respectively.

The boys were once again very committed and respectful of each other and their opponents and played very well in both games and finish the season looking in great shape for when we pick up rugby again in the Autumn.

A big thank you to Mr Rees-Weldon who helped officiate the game and run the Year 7 lads in this fixture.

Congratulations to the squad.

## Year 8 v Tiverton:

The Year 8 lads were simply too strong in all areas against their Tiverton counterparts and ran out comfortable winners and extended their winning run to two years, not losing a game in Year 7 and 8!

The most impressive part was the way in which the boys showed outstanding sportsmanship throughout, even assisting their opposing team by playing for them to bolster the competition and opportunity for others.

Preparation is now set for training every Wednesday after half term in the run up to the Howden National Schools Rosslyn Park 7s in London in March.

Congratulations to the squad.

### **Reporting an Absence**

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

#### Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

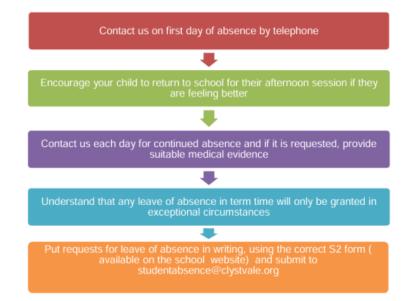
### **Medical Appointments**

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



For Years 7 - 11 Absences Sharon Leaman/Cath Prunty (Attendance Officers) Direct line: 01392 463911 Email: studentabsence@clystvale.org

#### For Year 12 - 13 Absences

Sue Voysey (Assistant to Head of Post 16) Direct line: 01392 462697 Email: voyseys@clystvale.org and copy in Head of Sixth Form: haynesc@clystvale.org

## **Community Noticeboard**



## **EXCITING NEWS!**

In February, Pay & Play returns!

Whether you're looking to challenge yourself, compete with friends, or just have fun, you don't want to miss this. Book online! Slots are going fast!

Pay and Play will run on the following dates:

- February 17<sup>th</sup> 10-1pm, 1:30-4:30pm
- February 18<sup>th</sup>
   10-1pm
- February 21<sup>st</sup>
   10-1pm

## Book Here for Pay & Play



## Half Term Cricket at Broadclyst Leisure Centre

Friday 21st February 2025

- 6 to 10 year olds, Soft ball: 09:00-11:00
- 10-14 year olds, Hard ball: 11:30-13:30





Email dylan@dph-coachingcamps.co.uk or WhatsApp Dylan on 07778864686 to book your child in!



Please follow us on Social Media -

DPH Coaching Camps

Growing a love for cricket one session at a time!

## Kids Eat Free, February Half Term 2025

Les Iguanas: Download the app and join 'My Las Iguanas' for free meals for mini-Iguanas. Kids get a main, two sides and a dessert with every adult main (or three tapas dishes) purchased.

ASDA Café: Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required. The offer has been extended until the end of 2025. In addition, children will receive a free piece of fruit such as an apple, pear or banana when purchasing the hot kids £1 meal deal. Freebie: Asda also provides FREE Ella's baby food pouches for children under 18 months old with any purchase.

Morrisons: Kids eat free all day, every day in Morrisons cafes nationwide, daily with every adult meal over £4.50. This offer includes half terms.

Beefeater: Two children get free breakfast with one paying adult!

Sainsbury's: Sainsbury's Cafes offers one child hot meal or lunch bag for £1 with any adult main meal purchased over £5.20. This offer is on every day from 11:30am. Kid's mains include one main, 3 sides a drink and a piece of fruit.

Bella Italia: Kids Eat Free all day every Thursday and for £1 between 4-6pm, Sunday to Wednesday. Kids can enjoy three delicious courses & a drink! Meals are suitable for 2–11-year-olds.

Ikea: Kids can enjoy Kids Pasta with Tomato Sauce and a soft drink for 95p or any other Kids Meal for £1.50 every day from 11am. Also, on Friday's kids get tomato pasta, a drink and a piece of fruit for just 45p.

Premier Inn: At Premier Inn, you can enjoy their all-you-can-eat Breakfast for just £9.99 and up to two kids under 16 eat for free.

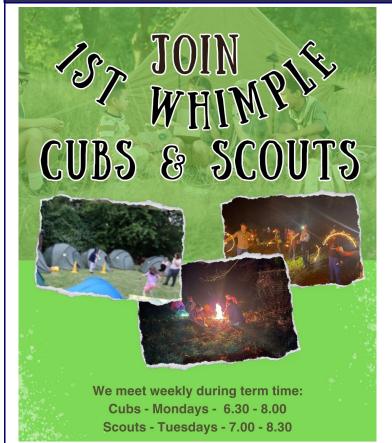
Travelodge: At Travelodge, you can enjoy their all-you-can-eat Breakfast for just £9.75 and up to two kids under 15 eat for free.

For more information please visit: (moneysavingcentral.co.uk)

## Community Noticeboard

	E 1 2025		
6 FACE	February 2025	Understanding Anger	10 FEB 7pm
	wsletter	Supporting Healthy Screen Use	11 FEB 10am
Thursday	REE SESSION	Facing Defiance	14 FEB 7pm
	ing Healthy Screen Use	Raising Self-Esteem	27 JAN 7pm 25 FEB 10am
Alanget	he harms from screens	Supporting Healthy Sleep	28 JAN 7pm 24 FEB 10am
	ting a Child with ADHD	Supporting a Child with ADHD	3 FEB 10am 3 MAR 7pm
10:00 - 11:30 practical in of the c	nterventions. Clear explanation condition in all its forms and	Improving Family Communication	3 FEB 7pm 4 MAR 10am
	Arremely useful advice.	AUTISM: Improving Communication	4 FEB 10am 4 MAR 7pm
11th Feb Specific st defiant	rategy to help parents manage t and challenging behaviour,	Understanding Addictive Behaviour	4 FEB 7pm 3 MAR 10am
19:00 - 20:30 especially	aimed at ADHD, ODD and PDA ditions, 5 to 12 years old.	Anxiety-Based School Avoidance	10 FEB 10am 10 MAR 7pm
Tuesday Can	nabis & Ketamine	What is ACT?	17 FEB 10am 17 MAR 7pm
19:00 - 20:30	Awareness cts and know the harms about	Introduction to OCD	17 FEB 7pm 18 MAR 10am
these two	vo drugs so you can hold an converstaion with your teens.	Anxiety Explained	18 FEB 10am 18 MAR 7pm
Tuesday       Understanding the Teenage Brain         25th Feb       A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very		Cannabis & Ketamine Awareness	18 FEB 7pm 17 MAR 10am
		Decreasing Depression	24 FEB 7pm 25 MAR 10am
	y from adults and how we can support them. acefamilyadvice.co.uk	Understanding the Teenage Brain	25 FEB 7pm 24 MAR 10am
<ul> <li>Time: 10:00 AM - 4:00 PM</li> <li>Ages: 11-30</li> <li>Activities:</li> <li>17th February: Social Club &amp; Cooking 18th February: Mask Making in Exete 19th February: Music &amp; Drumming</li> <li>20th February: Winter Spotters on the Greenway Trail</li> <li>Join us for one day or all four - Cost per session £80 for 1:4 support or £135 for 1:1 support.</li> </ul>	here to ensure your experience is enriching and fulfilling. We believe in celebrating each individual's unique strengths and talents, creating a community where everyone shines brightly.	Socialising	Art. Crait,
Places are limited, so make sure to book your spot soon. How to Register: email	LITS GO	FEBRUARY Half Term Rogramm	

## **Community Noticeboard**



To find out more or join us, email: Cubs (age 8 - 10½) - rosemaryhilling@gmail.com Scouts (age 10½ - 14) - cat.culshaw@gmail.com



## ARE YOU ABLE TO HELP?

## WE ARE LOOKING FOR ADULT VOLUNTEERS FOR OUR PRODUCTION TEAM FOR DISNEY'S BEAUTY AND THE BEAST JR.

We are on the cusp of beginning our CVCC Beauty and the Beast journey. We will return to the Barnfield Theatre in January 2026 to stage our college production of Disney's Beauty and the Beast Jr. We are looking to recruit a team of volunteers to assist in all aspects of the shows technical preparations. WE ARE LOOKING FOR...

- Scenic artists, designers, painters and builders.
- Prop makers, sourcers and prop coordinators.
- Costume makers, sourcers and costume coordinators.
- People to help with marketing, publicity and photography.
- Chaperones for some Rehearsals.



If you would feel you are able to give us some of your time and skills and you would like to be a part of our team in bringing this fabulous production into fruition then please get in touch with Anna Ruscoe (ruscoea@clystvale.org).

## Supporting Learning at Home

# What financial support can parents get?

Juggling home and school life is tough for every parent, but there are some financial support options available. Find out what you could be entitled to by following this link <u>Supporting learning at</u> <u>home | Parentkind</u>



## Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



## Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to Edulink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details below.

http://www.clystvale.org/ contact-us/

## Stationery for Sale

Pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



## Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful. If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Mondays—closed

Tuesday to Friday—09.30 to 15.30

Saturday-09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00





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