

"The best memorial for the likes of me would be to look after the soldiers who are still fighting for their country now, and equally importantly, their families." - Harry Patch

Principal's Update



Sara Jacobs

Principal



Welcome to the first Weekly Newsletter of the new academic year! We've had a fantastic start, with students completing their first full week back and quickly settling into the rhythm of College life. I had the pleasure of delivering assemblies to each year group, welcoming them back and reinforcing their role in fostering a safe, supportive, and positive environment where everyone can thrive.

It was a joy to see so many familiar faces, all eager to return, and it reminded me that our students truly embody everything great about our College. They are our finest ambassadors, representing the values, spirit, and success of our community.

A special mention goes to our Year 7 students, who have made an impressive transition from primary to secondary school. They've approached this new chapter with enthusiasm and confidence, and it's been wonderful to see them get off to such a positive start.

As always, the College is a lively and bustling place. This week, we hosted two important events: an information evening for parents and carers of our Post-16 students, and a session for Year 9 parents and carers interested in the Bronze Duke of Edinburgh Award, which is open to all Year 9 students this year. Thank you to everyone who took the time to attend—we truly value the strong relationships we have with our parents and carers.

Looking ahead, we're excited about our upcoming College Open Evening on Tuesday, 17th September, from 6 – 8 pm. Please help us spread the word! We are incredibly proud of our College and look forward to welcoming prospective parents, carers, and members of the wider community.

Sara Jacobs, Principal

Open Evening (for 2025/2026 intake) – Tuesday 17th September 2024

Our College open evening is taking place on Tuesday 17th September, 6-8pm. This event provides an opportunity for prospective students and parents to visit us and learn more about what it's like to be a member of the Clyst Vale community. There will be a presentation from Sara Jacobs, Principal, in the main hall at 6pm which will then be repeated at 7pm, and tour guides will be available between presentations to show visitors around the site. We look forward to welcoming families to the College next week.

Key Dates for next week

19 September—Year 6 Open Evening

Autumn Term Dates

28 September to 2 October—Year 12 Bude Trip

3 October—Year 7 Parents Evening

5 October—DofE Gold Training

17 October—Year 11 Revision Evening

24 October—Year 11 Parents Evening

Welcome from Mrs Adie, HOY 7

It has been a positive start for the year 7s. They look smart, are engaging well with lessons and are negotiating the site well! Most have now had their login details for school. Please support them at home by making sure they can log in and access their emails and Microsoft Teams.

Parental support is vital to ensuring students continue to meet our expectations. Over the weekend please can I ask that you take some time to read and sign the Home College Partnership Agreement that is on pages 8 & 9 in the student planner.

Thank you to those of you who have labelled the uniform and shoes. This helps with us reuniting students with their property, should they misplace it.

We have our first year 7 parents' evening on 3 October 2024, so please look out for an email about your attendance. This is an opportunity for you to see where your child/children are based in school, to meet with their tutor and ask any questions you may have. We look forward to seeing you there.

Non-Uniform Days 2024-25

This year we have added the dates and charities for this year's Non-Uniform days to School Gateway in order to make this process much easier for our families.

As a Rights Respecting School it is important that our students have opportunities to participate and develop as global citizens. Fundraising through Non-Uniform days is a key example of our college coming together and engaging in a group effort to support charity and community initiatives both on a local and global scale.

This year our students have decided to raise money for the following causes:

Force Cancer Exeter

St Petrocks

Devon Air Ambulance

UNICEF

College and Community Fundraiser

Save the Children



Save the Children

New House System

This year we will be setting up a new house system, which will replace the previous Schools model. The House system will aim to further develop a student's sense of belonging and community within the College, enhance their participation in College life and develop a sense of healthy competition.

There will be 3 houses, each with individual names which are connected to a common theme. eg: theme Dartmoor, names Haytor, Bellever, Gidleigh.

If you have any suggestions for either themes or names, then please submit them using the link below. The form will remain open until Friday 4th October. We look forward to hearing from you!

https://forms.office.com/Pages/ResponsePage.aspx?id=VVITC4GfxUOIAyHbzz3WeWT6MIT_SWpLkm4rTZz-6qFURUxTRExHWTFCRFYyVFpBUDY0NVBMNjAyWS4u

Battlefields Trip July 2024

We took 80 Year 9s to Belgium and France on the Battelfields trip at the end of last term. We were very impressed with all students involved, with Mrs Padden and Mrs Jenkins regularly commenting on how this was the best group they had ever taken in their 10 years of running this trip!

During the trip, we ran a photo competition and winners were announced today in the Year 9 celebration assembly. Well done to everyone who entered, it was a very tricky decision for Mrs Jenkins to make but results are...

In 1st place... Inti Zumaran



In 2nd place... Jake Lucas



In 3rd place... Amelia Briggs



News from Post 16

It has been an absolute delight to welcome our new Year 12 students to Post 16 and it is really pleasing to hear from teachers that they are making a very positive start to their A-level studies at Clyst Vale.

On Thursday evening we invited our new intake parents into school for a meeting to discuss Year 12 in general and also pass on details about our exciting Bude residential, which departs in just a couple of weeks' time.

Year 13 have returned from the summer break with a great attitude and focus. Work has already started on university applications and preparations for next steps, as this group begins to look ahead to their plans beyond Post 16.

Should parents have any queries, please feel free to get in touch. Your first point of contact for Post 16 is Sue Voysey (Assistant to HoP16) – voyseys@clystvale.org, telephone 01392 462697.

Student of the Week

Annie-Rose Thomas 7GAW Zara Hodges 7GLBA Helena Carter 7RKJO 7RCMO Oliver Pearce 7YDST Isaac Barrow 7YEHA	Jake Culshaw 8GRTU Jenson Griffiths 8GTBE Alara Pacar 8RER Sonny Mackie 8RMCU Josh Farmer 8YCBO Jessica Moyes 8YCFL	9GMNA Cohen Gard 9GLTH Zoe Stoakes 9RDFE Sophia Lilley 9RGWW Rosie Pulman 9YGGA Seb Rothwell 9YBH
Year 7	Year 8	Year 9
10GCMC Jake Lucas 10GMTH Erin Waddon 10RBAT Lucia Dollman 10RNS 10YMBR Ella Oakley 10YSWA	NP2N 11GABR Dan Culshaw 11GDH NP2N 11RZB Deacon Wassell & NP2N 11RSGA NP2N 11YSS Lily Bunting 11YADA	Jamie Beuscher 13ZK
Year 10	Year 11	P16 Commendation



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

Key Contact Information

Reception: 01392 461407 Email: admin@clystvale.org

Sara Jacobs	Principal	Jacobss@clystvale.org
Lisa Martin	Deputy Principal (Curriculum)	martinl@clystvale.org
Paul Sutton	Deputy Principal (Pastoral)	suttonp@clystvale.org
Ann Hopkins	College Manager	hopkinsa@clystvale.org
Allen Bailey	Assistant Principal	baileya@clystvale.org
Louise Telford	SENDCo & Assistant Principal	telfordl@clystvale.org
Claire Haynes	Head of Post 16	haynesc@clystvale.org
Lisa Jones	Early Help	jonesl1@clystvale.org

EduLink and contact with the College

Please do not address emails, or replies to EduLink messages, to EduLink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to EduLink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

Mobile Phones



Please can you remind your child/ children that mobile phones are not allowed to be used on the College grounds. Before students come through the gates their phones must be turned off and stored in their bags. When leaving the College at the end of the day, they cannot use their phones until they are again through the gates. Children seen using their phones on site will have their phones confiscated. If this is at the end of the day, they will be confiscated the following school day for the mobile phone policy to be actioned.

First confiscation- the student will be able to pick the mobile phone up from Student Services.

Second confiscation- the parent/ guardian will be required to come to reception to collect the phone from Student Services.

Third confiscation- the parent/ guardian will be invited to attend a meeting with the relevant Head of Year and discuss the length of the mobile phone ban.

Thank you for your continuing support.

Transport

Stagecoach

We have been made aware that some families whose children travel to College on the Stagecoach bus have recently faced higher fares due to a price increase. We have been in contact with Stagecoach, who have explained that this is due to rising operational costs. Previously, our students benefited from discounted rates, but Stagecoach has now stated they must charge regular fares to cover the cost of running additional services for Clyst Vale pupils. We understand the financial strain this places on families, and although we have limited influence over their decision, Ms. Jacobs has arranged a meeting with Stagecoach next week to discuss potential alternatives. While we will do our utmost to advocate for our families, we must acknowledge that a change in this decision is unlikely. We will keep you updated on any developments.

Car Park Etiquette

When Clyst Vale was built in the 1960s, it wasn't designed to accommodate modern traffic, so we must rely on common sense and consideration, with safety being our top priority. As a Rights Respecting School, showing respect for our neighbours and the local community is essential. With that in mind, I would like to politely remind you of the following:

The staff car park (closest to Reception) is strictly for staff, deliveries, and parents/students with accessibility needs. Please avoid using it for drop-off or pick-up at the start and end of the school day.

Morning drop-off in the coach park: please drive as far down as possible before stopping, to prevent traffic from backing up onto the road.

Evening pick-up: it's much safer and easier to do this after 3:30 pm, once the buses have departed and there's less congestion.

Tower View is a private road, so please do not park there at the end of the day.

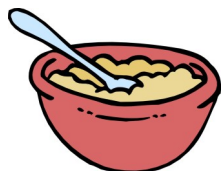
Thank you for your cooperation in ensuring a safe and respectful environment for everyone.



Student Services Key Updates and Reminders

Road Closure 16th September to 19th September 2024

From Monday 16th September to Thursday 19th September inclusive between the hours of 09:30 and 14:30 Station Road will be closed. Clyst Vale Community College can only be accessed from the Pinhoe side of the college. There will be a CCTV survey and the jetting of drains on the section of Station Road between Wishford Farm and the Sandy Lane corner. This is to lessen the impact of flooding in the area. It is not ideal that this is happening during term time, but we have been able to arrange that the work times do not clash with the start and the end of the school day.



Breakfast

REMINDER: Free porridge is available to ALL STUDENTS every morning from 0830 in the Canteen. Choose one topping from the following: jam, cinnamon, sugar or golden syrup. Additional toppings charged at 20p each.

Reminder—Data Collection

Our data for contacts is very important. We need correct details to contact parents/carers in emergency situations e.g. first aid. Please can you check the details we have for you on EduLink. This will include address, mobile number, email address and title. If you could please check the details we have for your child at the same time; address, medical practice, medical conditions and consents. For guidance to use EduLink, please click this link [EduLink Help – CVCC \(clystvale.org\)](https://www.clystvale.org/EduLinkHelp)

Sports Updates and Fixtures

Year 8 Boys Rugby—St Peters 0-55 Clyst Vale

Congratulations to all 16 lads which represented the College at St Peters, Exeter, on Wednesday afternoon this week. The very talented squad who were undefeated in their maiden year at Clyst Vale, carried on from where they left off in Year 7 and gained another outstanding win of 55-0, away from home.

The boys were a pleasure to take on the fixture once again, representing the College flawlessly both on and off the pitch. Tries were scored from all over the park, built on solid defensive and rucking throughout the match. We made several rolling substitutions, trying personnel in varied positions throughout.

Try scorers noted below! Congratulations to the squad:

Sonny Mackie (c) (1 try), Cian Doyle (1 try), Harry Crispin (1 try), Joe Gibson (4 tries), Leo, Max Hookway, Jack David (1 try), Oliver Payne, Henry Taylor, Ruben Tuley (1 try), Charlie Norman (1 try), Will Watkins (1 try), Josh Farmer, Harry, Jackson Gallagher, Oliver Marshall.

Mr Pearce



Student Services Key Updates and Reminders

Catering

COOL
FOOD NOT
School
FOOD

We have a new menu from Clever Chefs. We hope that the students will enjoy the variety of food. Please remember that if your child receives Free School Meals, their best option is to get a meal deal which costs the £2.40 allowance. This includes a main meal, pudding and a cuplet of orange or apple juice.

The new menu is shared below and on the following page.

CREATE

WEEK ONE

Autumn 2024
Dates - 2/9 - 23/9
14/10 - 4/11
25/11 - 16/12


SCHOOL LUNCH MENU

AVAILABLE Daily

Chef's selection of fresh Veg
Grab & Go Nourish Range
Chefs' Salad Bar
Bakes & Cakes
Zero Sugar Drinks & Water
Morning Break
Jacket Potato Bar

VERB
/kri'eit/
by Cleverchefs

IF YOU HAVE ANY FOOD ALLERGIES OR INTOLERANCES PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM BEFORE ORDERING. ALTERNATIVELY SCAN THE QR CODE FOR A FULL ALLERGEN GUIDE + MAY CONTAIN INFO TO ALL FOOD SERVED FROM OUR KITCHEN.



CLEVERCHEFS
Pasadena families

SCAN ME

FOR ALLERGEN INFORMATION ON THIS MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Smash burger	Chicken Makhani	The Garvery	In crust we trust...	Fish Friday <i>Menu Approved</i>
Smash burger patty, burger sauce, American cheese, Sweet chilli wedges.	Rich chicken curry, coconut, coriander, rice, flatbread.	Roast turkey/beef/Gammon. 'Skin on-roasties' & Yorkies. Veg and real gravy	Homemade pizza, pizza sauce, mozzarella, turkey/beef/Gammon sweetcorn, baby jackets.	Fish 'n' chips, garden peas, skin on fries, lemon mayo.
Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>
Crispy chicken, BBQ sriracha, paprika rice, crispy bits.	The 'ultimate' special fried rice, sweet'n' sour, prawn crackers.	Chicken tikka, pilau rice, onion bhaji.	Hash bites, nacho cheese, salsa sour cream, coriander.	Spicy chilli beef, rice, beans, crispy tortillas.
Meat Free	Meat Free	Meat Free	Meat Free	Meat Free
Veggie burger, nacho sauce, tortilla crunch, sweet chilli wedges	Chickpea and crispy onion biriyani, mint and cucumber yoghurt.	Roasted Vegetable Wellington. 'Skin on' roasties & Yorkies. Fresh-veg and real gravy.	Homemade pizza, pizza sauce, mozzarella, garlic and herb flat mushrooms, baby jackets.	Skin on fries, nacho cheese sauce, pickles and crispy onions
Pasta Master	Pasta Master	Pasta Master	Pasta Master	Pasta Master
Tomato and basil ragu, penne, crunchy cheese topping.	'Big Mack'pasta, fusilli, Burger sauce, pickles.	Homemade Mac 'n' cheese.	Turkey and bacon, penne, creamy cheese sauce.	Nut-free pesto pasta.
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
Maple banana pot.	Chocolate brownie.	New York vanilla cheesecake.	Apple crumble cake.	Fresh baked cookies

CREATE

WEEK TWO

Autumn 2024
Dates - 9/9 - 30/9
21/10 - 11/11
2/12

SCHOOL LUNCH MENU

AVAILABLE Daily

Chef's selection of fresh Veg
Grab & Go Nourish Range
Chefs' Salad Bar
Bakes & Cakes
Zero Sugar Drinks & Water
Morning Break
Jacket Potato Bar

VERB
/kri'eit/
by Cleverchefs

IF YOU HAVE ANY FOOD ALLERGIES OR INTOLERANCES PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM BEFORE ORDERING. ALTERNATIVELY SCAN THE QR CODE FOR A FULL ALLERGEN GUIDE + MAY CONTAIN INFO TO ALL FOOD SERVED FROM OUR KITCHEN.



CLEVERCHEFS
Pasadena families

SCAN ME

FOR ALLERGEN INFORMATION ON THIS MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Beef chilli	Char Sui Pork	The Garvery	Katsu chicken burger	Fish Friday <i>Menu Approved</i>
rice, tortilla chips, roasted peppers & onions, cheese, guac & salsa	stir fried pork strips, roasted broccoli, soy noodles & prawn crackers	Roast turkey/beef/Gammon. 'Skin on-roasties' & Yorkies. Veg and real gravy	Katsu chicken, light curry mayo, crispy iceberg, baby jackets.	Fish 'n' chips, garden peas, skin on fries, lemon mayo.
Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>	Shake it... <i>go on... shake me...</i>
Korean chicken, honey, wholemeal spring onion rice, crispy bits.	The 'ultimate' mushroom fried rice, chip shop curry, mini naan.	Turkey tikka, Bombay aloo, samosa, mango.	Chicken caesar, gem, croutons, crispy bacon, parmesan.	Crispy wedges, sweet chilli, sour cream, guacamole, chunky salsa.
Meat Free	Meat Free	Meat Free	Meat Free	Meat Free
Cajun folded tortilla, cheese, sweet potato rice.	Bang Bang cauliflower with sweet chilli sauce, roasted broccoli, soy noodles & prawn crackers	Mini veggie Toad in The Hole. 'Skin on' roasties & Yorkies. Fresh-veg and real gravy.	Katsu veggie burger, light curry mayo, crispy iceberg, baby jackets.	Skin on fries, nacho cheese sauce, pickles and crispy onions
Pasta Master	Pasta Master	Pasta Master	Pasta Master	Pasta Master
Homemade beef and mushroom penne bolognese.	Roast pepper and courgette, fusilli, super 7 sauce,	Homemade chicken and spinach lasagne.	Meatballs, penne, creamy cheese sauce.	Nut-free pesto pasta.
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
Melon and pineapple pot.	Carrot cake muffins.	Strawberry cheesecake.	Chocolate cookie tiramisu.	Ice cream sandwich.

Student Services Key Updates and Reminders

CREATE VERB /kri:et/ by Cleverchefs

WEEK THREE

Autumn 2024
Dates -
16/9 - 7/10
18/11 - 9/12

SCHOOL LUNCH MENU

AVAILABLE Daily
Chef's selection of fresh Veg
Grab & Go Nourish Range
Chefs' Salad Bar
Bakes & Cakes
Zero Sugar Drinks & Water
Morning Break
Jacket Potato Bar

If you have any food allergies or intolerances please speak to a member of the catering team before ordering. Alternatively scan the QR code for a full allergen guide + may contain info to all food served from our kitchen.



SCAN ME
FOR ALLERGEN INFORMATION ON THIS MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken souvlaki Dry slaw, flatbread, roasted peppers and onions, hummus & tzatziki, olives and oregano rice. <i>Shake it... go on... shake me...</i>	Lasagne Homemade beef lasagne, homemade garlic flatbreads salad and peas. <i>Shake it... go on... shake me...</i>	The Carvery Roast turkey/beef/Gammon. 'Skin on roasties' & Yorkies. Veg and real gravy <i>Shake it... go on... shake me...</i>	In crust we trust... Homemade pizza, BBQ sauce, mozzarella, turkey/beef/Gammon sweetcorn, baby jackets. salsa, baby jackets. <i>Shake it... go on... shake me...</i>	Fish Friday <i>Misc Approved</i> Fish 'n' chips, garden peas, skin on fries, lemon mayo. <i>Shake it... go on... shake me...</i>
Meat Free Home made falafels, dry slaw, flatbread, roasted peppers and onions, hummus & tzatziki, olives and oregano rice.	Meat Free Homemade veggie lasagne, homemade garlic flatbreads salad and peas.	Meat Free Stuffed peppers. 'Skin on' roasties & Yorkies. Fresh veg and real gravy.	Meat Free Homemade pizza, BBQ sauce, mozzarella, falafel, salsa, baby jackets.	Meat Free Skin on fries, nacho cheese sauce, pickles and crispy onions
Pasta Master Tomato and sweet chilli, penne, coriander crunch.	Pasta Master Crispy chicken, fusilli, iceberg, mayo.	Pasta Master Homemade leek and bacon pasta bake.	Pasta Master Tomato and roast peppers, penne, creamy cheese sauce.	Pasta Master Nut-free pesto pasta.
Dessert of the day Caramel apple granola pot.	Dessert of the day Fruity flapjack.	Dessert of the day Pineapple and mint cheesecake.	Dessert of the day Banana bread.	Dessert of the day Caramel waffle pot.

Term Dates 2024-25

	Sep-2024					Oct-2024					Nov-2024				
Monday	2	9	16	23	30		7	14	21	28		4	11	18	25
Tuesday	3	10	17	24		1	8	15	22	29		5	12	19	26
Wednesday	4	11	18	25		2	9	16	23	30		6	13	20	27
Thursday	5	12	19	26		3	10	17	24	31		7	14	21	28
Friday	6	13	20	27		4	11	18	25		1	8	15	22	29
Saturday	7	14	21	28		5	12	19	26		2	9	16	23	30
Sunday	8	15	22	29		6	13	20	27		3	10	17	24	
	Dec-2024					Jan-2025					Feb-2025				
Monday	2	9	16	23	30		6	13	20	27		3	10	17	24
Tuesday	3	10	17	24	31		7	14	21	28		4	11	18	25
Wednesday	4	11	18	25		1	8	15	22	29		5	12	19	26
Thursday	5	12	19	26		2	9	16	23	30		6	13	20	27
Friday	6	13	20	27		3	10	17	24	31		7	14	21	28
Saturday	7	14	21	28		4	11	18	25		1	8	15	22	
Sunday	8	15	22	29		5	12	19	26		2	9	16	23	
	Mar-2025					Apr-2025					May-2025				
Monday	3	10	17	24	31		7	14	21	28		5	12	19	26
Tuesday	4	11	18	25		1	8	15	22	29		6	13	20	27
Wednesday	5	12	19	26		2	9	16	23	30		7	14	21	28
Thursday	6	13	20	27		3	10	17	24		1	8	15	22	29
Friday	7	14	21	28		4	11	18	25		2	9	16	23	30
Saturday	8	15	22	29		5	12	19	26		3	10	17	24	31
Sunday	9	16	23	30		6	13	20	27		4	11	18	25	
	Jun-2025					Jul-2025					Aug-2025				
Monday	2	9	16	23	30		7	14	Occ	28		4	11	18	25
Tuesday	3	10	17	24		1	8	15	Occ	29		5	12	19	26
Wednesday	4	11	18	25		2	9	16	Dis	30		6	13	20	27
Thursday	5	12	19	26		3	10	17	Dis	31		7	14	21	28
Friday	6	13	20	27		4	11	18	Dis		1	8	15	22	29
Saturday	7	14	21	28		5	12	19	26		2	9	16	23	30
Sunday	8	15	22	29		6	13	20	27		3	10	17	24	31

key: days within Devon's school terms days outside Devon's school terms Bank Holidays and weekends
training days (5) Academy Day (1) occasional days (2)

Attendance, Absence and Requests for Absence

Dear Parents and Carers,

As we come closer to the end of this academic year and start thinking about September, I wanted to take a moment to emphasise the importance of regular school attendance for our children. Throughout the year we have kept you updated on your child's attendance, and we appreciate the families who continue to support us with sending their children into school consistently.

The table below will give you a clear understanding of what your child's percentage means:

Attendance during one school year	Equivalent days absent	Equivalent weeks absent	Number of lessons missed
95%	9	≈ 2 weeks	≈ 48
90%	19	≈ 4 weeks	≈ 96
85%	29	≈ 6 weeks	≈ 144
80%	38	≈ 8 weeks	≈ 192
75%	48	≈ 10 weeks	≈ 240
70%	57	≈ 11 weeks	≈ 276

So, as you can see, even with attendance at 95%, a large proportion of learning has been missed. The department for education set the national expectation for attendance at anything **above 96%**; even at this percentage, this is 7 days missed in a school year.

Why Good Attendance Matters

Regular attendance is crucial for your child's academic success and overall development. Here are a few key reasons why:

1. **Consistency in Learning:** Each school day builds on the previous one. Regular attendance ensures that your child is consistently building on their knowledge, helping them to grasp new concepts more effectively.
2. **Social Development:** School is not just about academics; it's also about developing social skills. Regular attendance allows children to form strong friendships, learn to work in teams, and develop essential social skills that will benefit them throughout their lives.
3. **Building Habits:** Establishing a routine of regular attendance helps children develop a sense of responsibility and commitment, setting a foundation for good habits that will serve them well in their future education and career.
4. **Identifying Support Needs Early:** Regular attendance allows teachers to identify any learning difficulties or additional needs early on. This ensures that any necessary support or interventions can be put in place promptly.

Attendance, Absence and Requests for Absence

How You Can Help

1. **Create a Routine:** Establish a regular bedtime and morning routine to help your child feel prepared for the school day.
2. **Prepare the Night Before:** Lay out school clothes and pack the school bag the night before to reduce morning stress.
3. **Schedule Appointments Wisely:** Try to schedule medical or other appointments outside of school hours whenever possible. Don't forget, you can avoid unnecessary doctors appointments for a range of ailments by visiting your local pharmacy. There is a list of conditions below that you can speak to your pharmacist about.
4. **Communicate with the School:** If your child is unwell or there are other legitimate reasons for absence, please inform the school promptly for each day of absence.

Attendance Expectations

Our school has a target attendance rate of 96% or above. We understand that sometimes absences are unavoidable due to illness or other important reasons, but we encourage you to aim for this target to give your child the best possible start in their education. If you are not sure about whether to send your child to school if they are unwell, you can refer to the 'Not sure whether to keep your child off school?' table below.

Not sure whether to keep your child off school?

No	But make sure you let their school or nursery know about
Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek
Yes	Until
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet fever	24 hours after they started taking antibiotics
Whooping cough	48 hours after they started taking antibiotics

Attendance, Absence and Requests for Absence

Further advice and guidance on [managing cases of infectious diseases in all education and childcare settings](#) is available.

Support Available

If you are experiencing any challenges that affect your child's attendance, please do not hesitate to reach out to us. The school has specialist staff who may be able to help, and all schools work closely with other educational partners who will also be able to help if needed. We are committed to supporting you so it is important you contact us as soon as you have concerns so we can work together to address any barriers to attendance.

Can you visit a pharmacist for advice instead of waiting for a GP appointment?

The poster features a dark green background with white and orange text. It lists seven conditions: Sinusitis (adults and children aged 12 years and over), Sore throat (adults and children aged 5 years and over), Earache (children aged 1 year to 17 years), Infected insect bite (adults and children aged 1 year and over), Impetigo (adults and children aged 1 year and over), Shingles (adults aged 18 years and over), and Urinary tract infection (women, aged 16 to 64 years). The poster includes the NHS logo and the text 'Providing NHS services'. There are several small images of people interacting in a pharmacy setting, along with decorative colored squares.

Most pharmacies can help you with **seven common conditions** without needing a GP appointment

Speak to your pharmacist if you suspect you have:

- **Sinusitis**
(adults and children aged 12 years and over)
- **Sore throat**
(adults and children aged 5 years and over)
- **Earache**
(children aged 1 year to 17 years)
- **Infected insect bite**
(adults and children aged 1 year and over)
- **Impetigo**
(adults and children aged 1 year and over)
- **Shingles**
(adults aged 18 years and over)
- **Urinary tract infection**
(women, aged 16 to 64 years)

Visit your Pharmacy First!

NHS
Providing NHS services

Thank you for your cooperation and commitment to your child's education. Together, we can ensure that every child receives the full benefits of their primary education and sets the stage for a bright and successful future.

Attendance, Absence and Requests for Absence

Reporting an Absence

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

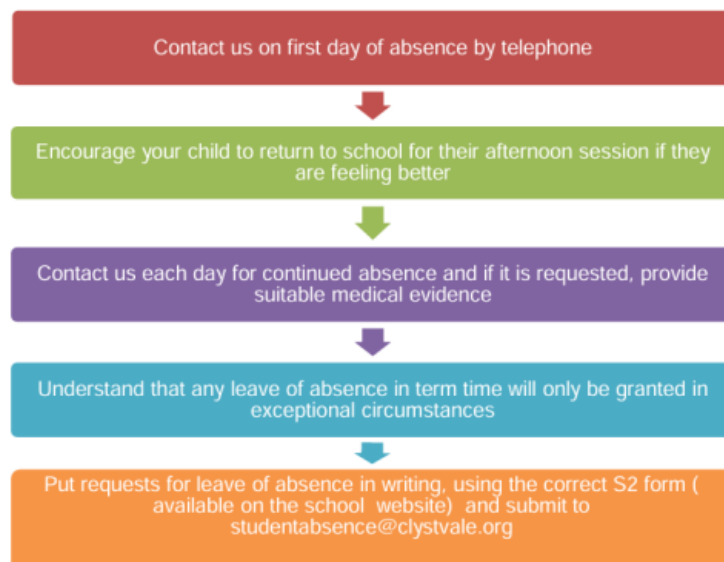
Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



For Years 7 – 11 Absences

Sharon Leaman/Cath Prunty
(Attendance Officers)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 – 13 Absences

Sue Voysey
(Assistant to Head of Post 16)

Direct line: 01392 462697

Email: voyseys@clystvale.org and copy in Head of Sixth Form: haynesc@clystvale.org

Broadclyst Youth Club

YMCA EXETER

Thursdays @ Broadclyst Sports Pavilion

4.30pm - 6pm for School Years 6-9

6:30pm - 8pm for School Years 10-13

Holly Close, Broadclyst, Exeter EX5 3JB

Say hi!



@broadclystyouthworkers



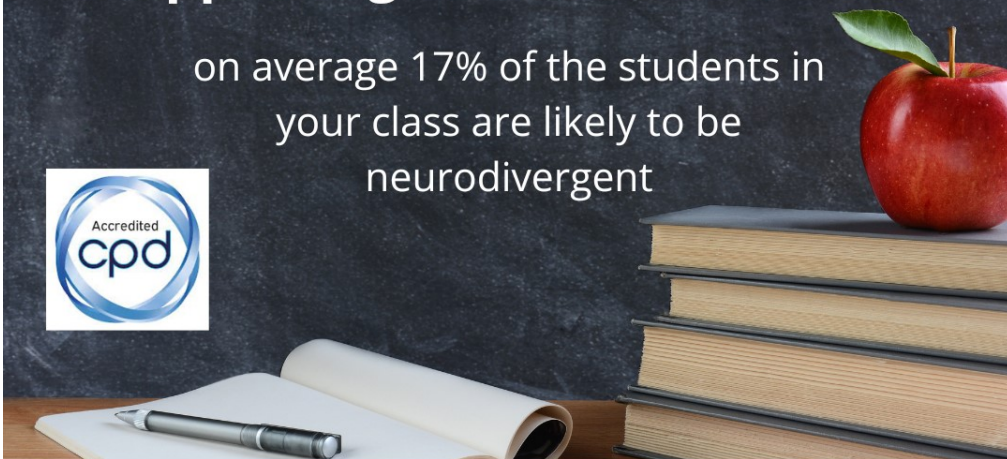
youthservice@ymcaexeter.org.uk



Complete online in your own time

Supporting a Child with ADHD

on average 17% of the students in
your class are likely to be
neurodivergent



**Teachers, school staff, social workers,
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Devon Family Hubs Parent/Carer Newsletter September 2024

Please follow this link <https://sway.cloud.microsoft/HvbBsx77dHGSJkFe?ref=email> to the Devon Family Hubs monthly digital **Newsletter** for Parents and Carers.

The Newsletter contains a wealth of information, tips and guidance on a number of themes, as well as fun things that you and your family can do in and around Devon, and much more!

In this month's issue...

- **DATES FOR YOUR DIARY** - information about upcoming events the Devon Digital Team are running.
- **TOP TIPS** - this month's Top Tip topic is how to help prepare your teenager starting a new school.
- **BACK TO SCHOOL** - the summer holidays are coming to an end and it's time for your little ones (and bigger ones!) to go back to school. We'll share some tips and information about how to make the transition back to school and help ease anxiety for you as well as your children.
- **MAKING NEW FRIENDS** - some children find it easy to make new friends, while if your child is shy, it can be more difficult to make and keep friends. But as a parent or carer, you can play an important role in supporting your child with social interactions and establishing healthy friendships. Read on to find out how.

There are also **September Awareness days, Snippets** and much more, so get yourself a cuppa, sit back and enjoy this month's Newsletter!

Job of the Week

These are provided through the MYPATH careers webpage.

PERSONAL TRAINER

Personal trainers conduct initial consultations to assess clients' fitness levels, health history, and specific objectives, creating personalised workout plans that may include strength training, cardiovascular exercises, flexibility routines, and nutrition advice.

Personal trainers provide one-on-one coaching, ensuring clients perform exercises correctly and safely to prevent injuries and maximise results. They also offer motivation, support, and education on healthy lifestyle choices, adjusting programs as clients progress.

Working in various settings, including gyms, fitness centres, private studios, or clients' homes, personal trainers must stay current with fitness trends and certifications.

The yearly salary of a personal trainer varies widely depending on factors such as experience, location, client base, and whether they are self-employed or working for a fitness facility.

Entry-level personal trainers might earn between £16,000 and £20,000 annually, often supplementing their income with part-time work or additional classes. This can rise to £35,000 per year with experience and a growing reputation.

[JOB OF THE WEEK 24](#)

Supporting Learning at Home

What financial support can parents get?

Juggling home and school life is tough for every parent, but there are some financial support options available. Find out what you could be entitled to by following this link [Supporting learning at home | Parentkind](#)



Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to Edulink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details below.

<http://www.clystvale.org/contact-us/>

Stationery for Sale

Pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.

Calculators are also available at a cost of £8.00.



Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful. If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Mondays—closed

Tuesday to Friday—09.30 to 15.30

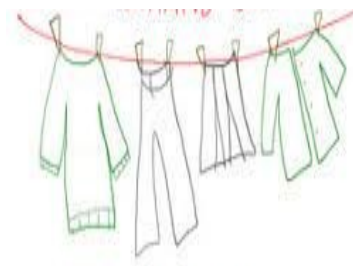
Saturday—09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00



Follow our Facebook Page via the link below:
[Clyst Vale Community College | Facebook](#)

