

"I understand democracy as something that gives the weak the same chance as the strong."
- Mahatma Gandhi

Principal's Update



Sara Jacobs

Principal



Dear Parents and Carers,

Firstly, I would like to say a sincere thank you to all parents/carers who took the time to either contact myself or other members of the College to offer their support following the incident on Monday. Our staff truly value the positive relationships they have with parents/carers and your acknowledgement of their efforts is both noticed and deeply appreciated. Building relationships with all stakeholders, especially the parent body will be a focus over the coming months.

I am aware that our once active PTFA has dwindled, much like many school and colleges, due to the challenges posed by COVID and other societal pressures. Through conversations with some parents, it is evident that there is a genuine willingness among parents and carers to become more involved in the life of the College. If this is something you may be willing to get involved with, please look out for future communications regarding this. On this note you will see later in the newsletter an opportunity being offered by Mrs Bennett for parents to participate in a parent support hub. The first meeting is on the 14th March, if you feel this would be of benefit to you then please do come along, we look forward to welcoming you to the College.

If you are a parent/carer of a Year 11 student then please share with them how proud we are of the manner in which they have conducted themselves this week whilst sitting their core mocks. Their behaviour in the exam hall has been commendable and subject teachers have spoken positively with regards to their preparation for these exams. Finally next Thursday is the second of the three Deep Learning Days this year; this day of enrichment which is always well received by students, some of whom will have the opportunity to participate in a trip. For others there will be a range of activities specifically designed to enhance their learning in a particular curriculum area or deliver key elements of our PSHE programme. If your child is on a trip, please make sure you send them to College with everything they need for the day.

Finally, please would you remind your child that when they arrive on site they need to come straight into the College grounds and if they catch a Stagecoach bus at the end of the day they need to wait on the College site, rather than walk to the bus stop on the main road. These measures are in place to safeguard your child, therefore your support in this matter is much appreciated.

Have a lovely weekend.

Best wishes



Sara Jacobs, Principal

What's on Next Week

Saturday 9 & Sunday 10 March—Ten Tors Weekend Camp. Any questions please email the trip leader Mr Eales.

Clyst Vale Parent Support Hub

Parents and carers are welcome to a face to face parent support hub run by parental minds on March 14th 9.30-10.30 in school.

Anyone who would like to attend needs to complete the registration slip and email bennetn@clystvale.org so we know numbers attending.

CLYST VALE PARENT SUPPORT HUB

This hub is open to parents and caregivers to come and ask questions about the support they can get from us in their journeys and difficulties with their young children.

Parental Minds co-produce mental health support guides from family lived experience with input from professionals and researchers. These guides have been used to develop this skills workshop, which is for parents and those who support other's mental wellbeing.

Clyst Vale, Exeter
14th March 2024, 9.30 – 10.30



PARENTAL
MINDS C.I.C.



PARENTAL MINDS
SUPPORT

Key Dates for Spring Term

Thursday 21 March—Year 12 Parents Evening 4.30 to 6.30pm
Thursday 28 March—Non Uniform day
Thursday 28 March—Clyst Got Talent
Friday 29 March to Sunday 14 April inclusive—Easter Holiday

Key Dates for Summer Term

15 April - Non Pupil Day
16 April—Students Return
27 to 31 May —Summer Half Term
24 July—Summer Holiday Begins

Attention Year 11's

The following apprenticeships are currently available to start in September 2024:



Woody Park holiday lodges, near Willand - looking for an apprenticeship grounds maintenance and gardening contact - woodypark@hotmail.co.uk

Echoes Childcare, various locations Exeter - Nurse Apprentice - contact joechoes@gmail.com

Puffins Childcare, various locations Exeter - Childcare Apprenticeships - contact train@puffinsofexeter.com

Bicton College Military & Emergency Services Work Experience Opportunity:

Military & Emergency Services Work Experience Week



Work Experience Week 2024 @ Bicton College

July 1st-3rd July

Are you interested in a uniformed service career?

If you would like to join the **Armed Forces** or **Emergency Services** and would like to see what life in the services would feel like then join us for a unique 3 day service work experience.

At Bicton College we run a **Military and Emergency Services Academy** which works closely with the **Armed Forces** and **Emergency Services** to prepare you **Physical, Mentally and Academically** for your dream career.

Our **Work Experience Week** will expose you to a number of different services, taking part in service routine, team challenges, physical fitness, career talks and opportunities to ask employers first hand how to prepare for service selection.

Take a step in the right direction!

How do I apply?

Speak to your college tutor or work experience coordinator for an application form. Completed forms will need to be emailed to: michelle.riddell@cornwall.ac.uk.

Places are limited with a deadline of 28th March!



Find us on Instagram @ Bicton.Military.Academy



"This week was brilliant! I got to meet industry professionals and take part in team challenges and physical fitness. The week helped me plan my next steps for my future career"

Student Feedback 2023

Please follow this link for an application form [Work Experience Application Form – Bicton College](#)

Lessons from Auschwitz

On Wednesday this week two of our students, Wami and Ray, participated in a visit to Auschwitz- Birkenau. This forms part of the Lessons from Auschwitz project, for which the school is annually allocated two spaces.

For participants, the project consists of an introductory seminar, a visit to Poland to tour the authentic sites and museum exhibits, a follow-up seminar and some linked ambassadorial work within school. It is coordinated and run by the Holocaust Education Trust (HET) and supported by the Department for Education. This project, which has reached over 41,000 students since its inception in 1999, takes as its premise that 'hearing is not like seeing'.

The day involved an early start, checking in at Exeter Airport at 5am! After landing at Krakow, onwards travel to Auschwitz took approximately 1hr 30mins by coach.

Students then had an immersive day with HET educators, learning about the history of the site and taking part in group discussions with students from other participating schools.

Following an early start, the late return journey brought students back into Exeter around 10pm – after 17 hours on the go!

This was a fantastic opportunity which was both educational and commemorative in nature, allowing Post 16 students to meet others from across the UK to examine a challenging period of history together, in a way they are bound to remember forever.

“The trip itself was very fast, and to learn about so much of the holocaust's dark history in such little time was a unique experience for us.” ~ Ray

“Lessons from Auschwitz offers students... the opportunity to develop their historical understanding of the Holocaust and apply that learning to contemporary issues. Through participation in Lessons from Auschwitz, students enhance their skills and show leadership - demonstrating commitment outside of the classroom through sharing the legacy of this dark period in history. Upon successful completion of the project, all participants receive an ASDAN accredited certificate, and can share their involvement on UCAS and other applications.” ~

www.het.org.uk



In other news...

Year 12 are looking forward to Deep Learning Day on Wednesday next week!

This begins with a trip to the UCAS convention at Westpoint, departing from school at 8.50am. UCAS bills this as an event where “you can discover all your options under one roof. We can help you find out about traditional degrees, apprenticeships, careers, and more.”

On arriving back at school, students will meet eight Post 16 alumni, to discuss a variety of educational and career paths following Post 16. Finally, Devon County Council are sending a representative with two of their apprentices to talk about apprenticeships, specifically in Finance. They will present to the whole of our Year 12 group to conclude the day.

For Year 13, Wednesday is an allocated study day to allow structured revision, as we turn our focus towards final exams.

Library News – World Book Day

Yesterday was world book day as many of you knew. So, to celebrate here at the College we had a scavenger hunt to create a book title. It was great to see many of you taking part. Many people succeeded and won their bag of sweets which Mrs Southard kindly brought for all participants as a prize. The letters ended up spelling out the book title ‘Divergent’ we chose this book because it’s one of Mrs Southard’s favourites and its quite a popular book. That’s not just all we have in-store for world book day we also have the book fair from the 18th-25th in the library and the recreate your favourite book cover which ends on the 22nd and winner is announced on the 25th and win’s an easter egg!

Written by Rebecca Loaring and Cleopatra Symons.



Library Competition!

Redesign the front cover of your favourite book.

Winner wins an Easter egg!

All redesigns to be handed in to the library.

Competition ends on Friday 22nd March

Winner announced on Monday 25th March.



SCHOLASTIC TRAVELLING BOOKS

COME TO THE BOOK FAIR

and earn **FREE BOOKS** for our school*

THE ESSENTIAL TAYLOR SWIFT (NEW) £9.99 £7.99
BLOOD FLOWERS (NEW) £8.99
ALICE OSEMAN HEARTSTOPPER VOLUME 2 (NEW) £12.99 £8.99
SIGNED SEALED DEAD (NEW) £8.99
MARCUS RASHFORD HEROES (NEW) £9.99 £7.99
A Good Girl's Guide to Murder (NEW) £8.99

THE BEST NEW BOOKS FROM ONLY £2.99!

COMING SOON! 18TH OF MARCH - 25TH OF MARCH

British Science Week 2024 8—17 March



As part of British Science Week we have got the NHS coming in to school on Wednesday 13th March. Students will be able to drop in during lunchtime to the Post 16 block and find out more about jobs in the NHS and as any questions.

Battlefields YR9 Parents Information Evening



An information evening is being held by Mrs Jenkins parents and students that have secured a place on the Battlefields YR8 History Trip. It will be held in the main hall at 6pm Thursday 14th March.

Any questions please email Mrs Jenkins jenkinss@clystvale.org

Please help



The Council has launched a questionnaire and published a press release encouraging and inviting families, professionals and community groups to help shape what the new Family Hubs support network will look like in Devon. Please could we ask for your support in responding to this questionnaire

[Families invited to help shape future support services - News \(devon.gov.uk\)](https://www.devon.gov.uk/news/families-invited-to-help-shape-future-support-services)

The consultation is available by visiting our [Have Your Say](#) webpage.

There are questions for Parents and Questions for Professionals and community services. The questionnaire is open until the 23rd March.

Vaccinations



The HPV vaccination is mainly for Year 8 students, please complete the form via <http://www.kernowimmunisations.co.uk/Forms/HPV.aspx> even if you do not consent to it being given to your child. On the day, there is also a chance of older year groups (Year 9/10/11) to receive the vaccination if they missed it when it was due in Year 8. If you require more information about this vaccination please call the nurses on 01392 342678.

The consent form closes at midday on 13th March 2024.

Lost Property



In Student Services we have a huge amount of lost property, especially coats and water bottles. If your child has lost anything, please ask them to come down during break or lunch to look for their lost items. At the end of each term, we will dispose of any left over items, this maybe to charity shops if in good condition.

Who should I contact?



If you are struggling with the online messaging or catering please see below who to email.

EduLink queries- please direct these to studentservices@clystvale.org

School Gateway queries- please direct these to financepsf@clystvale.org

Student of the Week

NP2N & Jess Randall 7GRTU NP2N 7GHE 7RER NP2N 7RGG Tiana Tonkin 7YCBO Harry Crispin 7YCFL	Joshua Plank 8GMN NP2N 8GLT 8RDF Vicky Gundidza 8RTMA Kai Newbury 8YGGA Imogen Gater 8YBH	9GCMC Isla Van Het Bolscher 9GDJ George Phillips 9RBAT 9RNS Cody Andrew 9YMBR Max Ferris 9YSWA
Year 7	Year 8	Year 9
Charlie Cartwright 10GABR Charlie King 10GDH Sofia Lemay-Palmer-Tye 10RZB NP2N 10RSGA NP2N 10YSS Jason Apps 10YADA	Tom Rintoul 11GAW NP2N 11GGT Olivier Krzemien 11RMAH Tom Power 11RCMO 11YDST Jessie Emeleus 11YLH	Chris Johnson 13AT
Year 10	Year 11	P16 Commendation



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

Key Contact Information

Reception: 01392 461407 Email: admin@clystvale.org

Sara Jacobs	Principal	Jacobss@clystvale.org
Lisa Martin	Deputy Principal (Curriculum)	martinl@clystvale.org
Paul Sutton	Deputy Principal (Pastoral)	suttonp@clystvale.org
Ann Hopkins	College Manager	hopkinsa@clystvale.org
Allen Bailey	Assistant Principal	baileya@clystvale.org
Louise Telford	SENDCo & Assistant Principal	telfordl@clystvale.org
Claire Haynes	Head of Post 16	haynesc@clystvale.org
	Early Help	

Badminton Report

Another great evening of badminton at Clyst Vale as the well travelled Tiverton High School joined us for a set of fixtures across the age range. Usual suspects Archie and Alex led the older boys in their singles and won in both cases. Archie's smashes and backhand clears were stand out, whilst Alex showed angles and movement not yet seen. They were supported by the best of Y10 in Mikey and Joe Taylor who paired up well to win their singles and support the older boys in the remaining games to win 7-2 in the end.

The girls were captained by Sophia who continued the family trend of producing great badminton players. Her serve being a highlight and always giving her dominance in the rally. Dulcie was the other singles ranked player who enjoyed a narrow 11-10 victory over her opponent. The support came from Daisy and Vanessa who had some great games as well as doubles and also singles. At the finish another 7-2 win over the visitors.

The Y9 boys fielded two teams with Jacob, Aidan, Jake and Owen in one and Jack, Oli, Marlon and Remus in the other. Both sets of players are regulars at club and it showed throughout. Their shot selection, power and also disguise meant the Tiverton players spent a lot of time running around the court. Final scores showed a whitewash in both matches and the boys were very impressive in their play and it is a shame that problems with the minibus prevented travel to the finals as they would have challenged the best in the county.

In the end it was a grand victory, but the manner in which our students played and then acknowledged the wins showed maturity and a supportive manner to all that had travelled down the M5 for the fixture. Another super evening of badminton.

Year 7 Boys Rugby - Clyst Vale 60-15 St Peters

The Year 7 lads made it a year to remember as they completed the season completely undefeated and go into Year 8 in outstanding form. This is a great and very rare achievement, however testament to the students hard work, commitment and ability.

The second time we have faced St Peters this year, Clyst Vale dominated from the off, despite playing up the slope. Centre Joe helped himself to 6 (six) tries and laid one on for Henry in the second half. Fly-half, Charlie caused havoc in the visitors defence and scored twice in the first period, too.

Skipper and scrum-half, Sonny linked forwards and backs very well, with several sniping runs and intricate passes, along with lots of very low tackles on the opposition. Hooker, Leo continued where he left off, with an outstanding finish following Harry C's jinking run. The latter scored an outstanding team try in the second half, following a turnover and run in from centre, Cian.

Jack and Max were again influential in the second row with outstanding physicality, Oliver made three big turnovers in the game, gaining vital possession for the hosts. Ruben showed brilliant pace and handling on the right wing, with Harry P creating lots of space for others some big passes. Josh and Jackson continued to enrich their rugby experience whilst showing an outstanding attitude to do so. Harrison and Oliver were very bright in attack, especially when the ball moved wide and into the outside backs.

Well done to all of the squad for an outstanding year which bodes very well for the future. Also a big thanks to the parents and carers who have supported in their droves!

We will see you for more rugby action in Year 8.

Mr Pearce



Year 9 Boys Rugby: Exeter & East Devon 7's:

Congratulations to all of the squad which represented the College in the Under 14s area rugby 7s event at Blundells School, Tiverton.

The boys worked hard in their 6 respective matches and won many plaudits for their commitment, effort, teamwork and enterprising play throughout the day. Placed in Pool A, the boys ended with a record of two wins and three losses, despite pushing the stronger sides very well and leading in many of the games. The results are below:

Clyst Vale 26-12 Sidmouth

Clyst Vale 14-24 Tiverton

Clyst Vale 19-17 Colyton

Clyst Vale 14-26 Exmouth

Clyst Vale 19-24 QECC

The boys were outstanding in their attitude both on and off the pitch, with them being excellent representatives of the College.

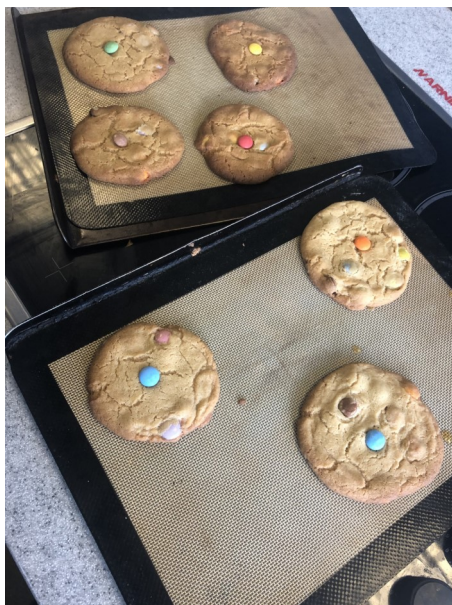
A big thanks must go to Mr Kyffin and Mrs Lea who helped out with transporting students to the event, along with parents which collected their child from Blundells School due to ongoing issues with our minibus.

Congratulations to all of the squad: Jacob K (c), George P Aidan L Oliver E Michael B, Owen C, Archie M, Josh B, Nat K, Oscar H and Dylan C.

Mr Pearce

Cooking Club

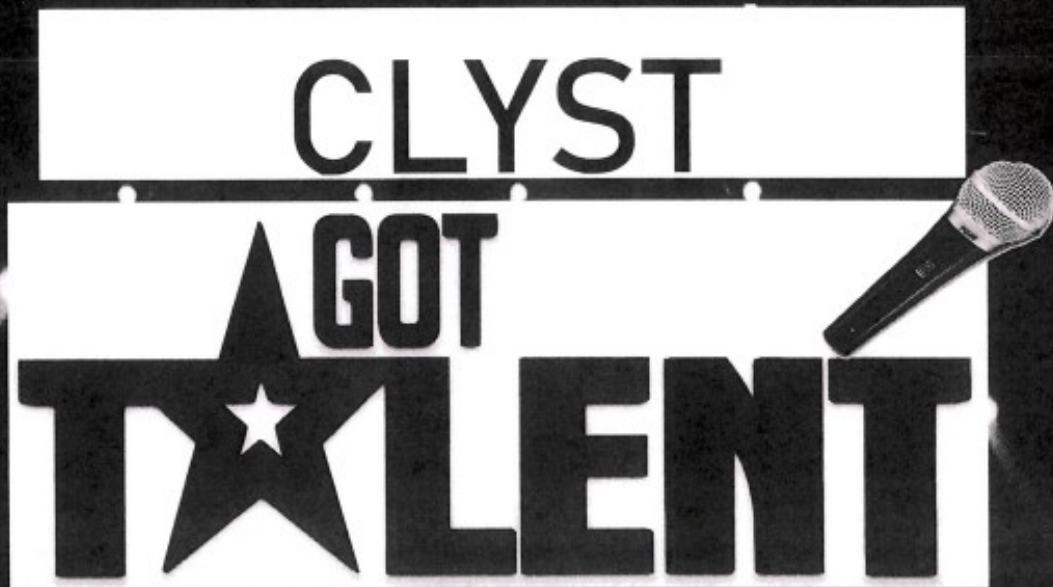
“We made some amazing smartie cookies in our Cooking Club yesterday”



CLYST GOT TALENT

Many thanks to the wonderful students who turned up for the auditions for the talent show yesterday. We had a great turn out and there is no doubt that Clyst Vale has got talent! We are having another audition next week in case anyone missed it. Slight change of date though due to Deep Learning Day. It's now on Thursday 14th at 1.30pm in EN7. Please come along if you want to try out for the show.

Miss Watt and The Talent Show Crew



It's time again...

The Talent Show is back.

Are you CVCC's next big winner?

1st auditions Thursday 7th March

2nd auditions Wednesday 13th March

Lunchtime in EN7.

Talent show:

Thursday 28th March 2024



Attendance, Absence and Requests for Absence

Reporting an Absence

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

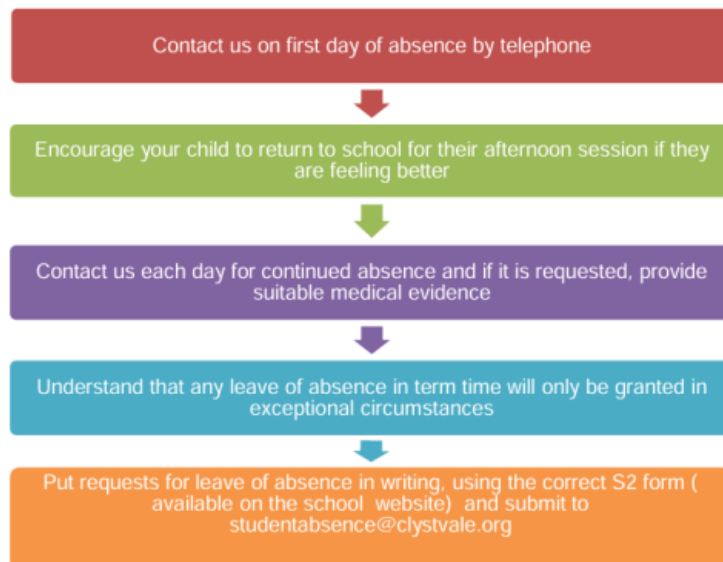
Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



For Years 7 – 11 Absences

Sharon Leaman/Cath Prunty

(Attendance Officers)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 – 13 Absences

Sue Voysey

(Assistant to Head of Post 16)

Direct line: 01392 462697

Email: voyseys@clystvale.org and copy in Head of Sixth Form: haynesc@clystvale.org

Maintenance Caretaker

Salary The position is offered at a salary of CVCC grade D £24,109 actual salary (pay award pending).

Job Type Permanent

Location Devon

Clyst Vale is a thriving and vibrant 11- 18 Community College situated five miles from Exeter. Visitors to Clyst Vale usually comment on the friendly, orderly atmosphere, the courtesy of our students, and the purposefulness in lessons. We have clear expectations and systems, but far more important are the excellent working relationships we establish between staff and students, as well as staff and parents. We remain the only Secondary school in Devon to be accredited Gold Rights Respecting School status.

The Role Starting as soon as possible, we are looking to recruit a good maintenance allrounder. Ideally you will have a range of maintenance skills including carpentry, plumbing, plastering etc. A trade background would be desirable but not essential.

Hours of Work: Term Time 33 hours 45 minutes per week x 39 weeks 11:30 – 19:00 Monday - Friday 45 minutes unpaid break per day Holiday Time 33 hours 45 minutes per week x 13 weeks 09:30 – 17.00 Monday – Friday 45 minutes unpaid break per day

We are looking for Experience of general maintenance - Ability to undertake a range of maintenance tasks, including carpentry, - Good computer skills. - GCSE grade C in Maths or English or equivalent - Trade qualification or equivalent is desirable but not essential

We can offer A unique opportunity to work within a Rights Respecting School with a strong community ethos - A supportive CPD programme We are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment. An enhanced DBS check is required for all successful candidates.

To apply please visit our website <https://www.clystvale.org/vacancies/> and click on the 'apply' button or send your CV to recruitment@clystvale.org and we will send you a paper copy of the application form. Closing date for all applications is Sunday 17th March 2024. Interviews will take place on Tuesday 26th March 2024.

Job of the Week

These are provided through the MYPATH careers webpage.

HOTEL PORTER

A hotel porter works to ensure guests receive the best experience possible whilst staying in a hotel.

Hotel porters may greet guests and help to carry luggage to their room.

They may also help to park a guest's car, make dinner reservations and suggest things to do whilst staying in the hotel.

New, full time hotel porters earn an average of £14,000 per year.

[JOB OF THE WEEK 8](#)

WANT TO BECOME AN ELECTRICAL APPRENTICE?



OPEN EVENING

EXETER

20TH MARCH 2024
4.30-5.30 OR 5.30-6.30

COME IN AND TRY IT YOURSELF

Meet with our qualified assessors

Our team will talk to you about a future in electrical and what it involves.

Take a tour of our training centre

Join our electrical lectures in the work shop for a chance to have a go.



If you would like to attend please email: josh.r@tftg.org

PL KICKS

GIRLS ONLY

SESSION



St James School

STARTING JANUARY 10TH

4PM-5PM

THE ACTIVITIES NEW FOR 2024

GIRLS ONLY SESSION, SUITABLE FOR ALL ABILITIES, AGES 8-18
PLAY, HAVE FUN, MAKE FRIENDS

@EXETERCCT

FREE TO PLAY

BOOK TODAY

EXETERCCT.ORG



LAW

HEALTHCARE

CONSTRUCTION

FINANCE

CYBER

PROPERTY

HOSPITALITY

AGRICULTURE

ANIMAL CARE

MOTORSPORT

INSURANCE

ARCHITECTURE

ACCOUNTANCY

ENGINEERING

TECHNOLOGY

CREATIVE & DIGITAL


BUSINESS & MARKETING

ARMED FORCES

FURTHER EDUCATION

UNIVERSITIES

CAREERS GUIDANCE




Blundell's

FOUNDED 1604

CAREERS AND HIGHER EDUCATION FAIR

Big School, Blundell's School
Friday 15th March 2024
5.30pm – 7.00pm

To book a free place please visit <https://www.trybooking.com/uk/events/landing/53561>




Wild Embers SEND

Holiday Clubs



Our holiday club involves a range of activities designed to promote and enhance SEMH (social emotional mental health) and support children with high support needs by fostering a community of learners through resilience building and creative projects, from fire lighting, to clay modelling, to outdoor cooking and nature identification.

HELD IN DARTINGTON
April 2nd; April 4th; May 28th & May 29th
Cost: Minium donation of £5
Bookings: email admin@wildembers.org



Understanding Anger: Yours & Theirs!



UNDERSTANDING ANGER

11th March 7-9pm £24

Jane Keyworth, Lead Facilitator at FACE giving a two hour talk to parents (and teachers), explaining what anger is, why we have it and how to manage it.

Book online at facefamilyadvice.co.uk

AUTISM: Improving Communication



18th March 7-9pm

Jane Keyworth, Lead Facilitator at FACE giving a two hour online talk to parents (and teachers), explaining how simple changes in how you speak can lead to more positive communication with people on the spectrum.

Book online now £24 facefamilyadvice.co.uk

Teenage Life Skills Group

SPECIAL OFFER

We currently have spaces in our Teenage Life Skills Group! This group is open to 11–17-year-olds and runs on alternate Wednesday (6 pm to 8 pm) at our centre in Pinhoe. The group usually costs £20 per session, payable monthly. **We are currently promoting the group with 50% discount off current prices - £10.00 per session!** If you would like to register your teenager or would like more information, please email us at infoswautism@gmail.com.

Here's some feedback from a lovely parent whose son recently joined this group:- "X really enjoyed it! He was thoroughly relaxed when he came out and said it was good which is high praise from him! He's always enjoyed all of the time he has spend with you guys. It always astounds me just how much of a difference the right environment and some understanding makes! Followed of course by frustration that more places can't get it right!"

A different approach to supporting Anxiety, Anger, OCD & Neurodiversity



What is ACT?

Acceptance & Commitment Therapy (ACT)
Jane Keyworth gives a two-hour online talk

TUESDAY 19th March 7-9pm

Book Online £24 facefamilyadvice.co.uk

SELF HARM SUPPORT

Zoom Workshop with Parental Minds

This workshop is designed to provide guidance and support for parents whose young people hurt themselves when overwhelmed by their emotions. Join us as we explore practical techniques and navigate the complexities of support.

Parental Minds co-produce mental health support guides from family lived experience with input from professionals and researchers. These guides have been used to develop this skills workshop, which is for parents and those who support other's mental wellbeing.

Sign up here: bit.ly/PMSelfHarm24

Monday 25th March
19.00 – 21.00
Online, Zoom



PARENTAL MINDS C.I.C.
Mental Healthcare : Exploring Pathways



PARENTAL MINDS SUPPORT
Mental Healthcare : Supporting Families

Supporting Learning at Home

How to help your child with maths at home

1. Be positive about maths. Try not to say things like “I can’t do maths” or “I hated maths at school” - your child may start to think like that themselves.

2. Point out maths in every day life. Include your child in activities involving numbers and measuring, such as shopping, cooking and travelling.

3. Praise your child for effort rather than for being “clever”. This shows them that by working hard, they can always improve.

Find out more by following the link below.

[https://
www.nationalnumeracy.org.uk/](https://www.nationalnumeracy.org.uk/)

(Above copied from the National Numeracy website)



Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to Edulink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details below.

[http://www.clystvale.org/
contact-us/](http://www.clystvale.org/contact-us/)

Stationery for Sale

Mock/GCSE pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful. If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Mondays—closed

Tuesday to Friday—09.30 to 15.30

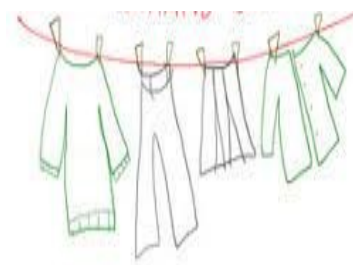
Saturday—09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00



Follow our Facebook Page via the link below:
[Clyst Vale Community College | Facebook](#)

